

## Enews 17

5 November 2021

Family Mass  
Children's Liturgy every 9am Mass  
except in school holidays

P & F Meeting  
Wednesday 2 June 7pm

St Patrick's Hall  
Enquires and bookings please call the  
school office

Outside School Hours Care  
E: [eastgosford.oshc@dbb.org.au](mailto:eastgosford.oshc@dbb.org.au)  
or phone 0408 165 671  
or visit the school website

The Uniform Shop  
phone 0412 087 696  
opening hours during school terms  
*Tuesday*  
8.30am – 10.30am  
*Also 1<sup>st</sup> Friday of every month*  
2.00pm – 4.00pm  
The uniform shop can be contacted  
outside of business hours by email  
[stpatrickprimary@alinta.com.au](mailto:stpatrickprimary@alinta.com.au)  
payments can be made direct to  
Alinta Apparel in the form of cash,  
credit card, or debit credit card  
**NO CHEQUES**  
uniform price list & online shopping  
available at  
<http://www.alintaapparel.com.au/alinta/>

2nd Hand Uniform Shop  
Fortnightly Friday 2pm  
or as advised.  
Contact Louise 0407 100 433

Canteen  
*Infants: Wednesday & Friday*  
*Primary: Wednesday & Friday*  
Rostered volunteers please give  
24 hours' notice if you are unable to  
attend

Dear Parents and Carers,

We are half-way through the term and every week there are changes to restrictions which is fantastic.

We have now moved to what is called 'Level 3 Restrictions'.



Some of the new guidelines we have are as follows:

- We can now have whole school assemblies outside.
- We have a whole school mass outside or in the church, as long as there are no other parishioners are present and the Priest and senior servers are fully vaccinated. Classes cannot attend parish parishes at present.
- The uniform shop and second-hand uniform shops are open to parents **BUT only fully vaccinated parents can enter the school grounds.**
- Outside groups can use the school grounds after hours.
- Our Term 4 P & F Meeting can go ahead on school grounds.
- The Canteen can continue to be open with Volunteers who are fully vaccinated.
- Outside excursions can be held but we don't know if vaccinated parent helpers can attend.
- Our Kindergarten Transition can go ahead.
- The Swimming Carnival with no parent spectators and only students who can swim, can go ahead.

Thank you to all the parents who have kept their children at home and had COVID tests when their children have had any COVID like symptoms.

I do understand that this is an inconvenience for many but we are trying to keep everyone safe, especially as none of our students have been able to be vaccinated.

### Important dates:

Fri 10 December - Reports go home

Mon 13 December— 9am Step up to new classes

Tues 14 Dec - Whole school Mass students only (may leave after Mass)

Wed 15 Dec - Last day - Supervision only for students no formal lessons

## School Uniform and hair styles

I would like to remind everyone that all students should be in their full summer uniform by now which does include black leather school shoes. (Not jogger style) I do understand that the students in Year 6 may be growing out of some part their uniforms. Please let us know if this is the case.

Also, after lockdown there are a number of students who have hairstyles that are not in line with the school guidelines. As part of the enrolment process all parents agreed to support the school's uniform/hairstyle guidelines. Can I ask parents to please keep this in mind, as quite often when we do speak to students about this, they often say 'mum/dad said its ok'.

This does make it difficult for us at school and for your child. I would appreciate it if those students (mostly the boys) whose hairstyles are not in line with our guidelines, could do something about this as soon as possible.



## Wellbeing Week

We are having Wellbeing week next week instead of week 7. We have found that now our students have been back full time for a couple of weeks, that many are struggling with this. We have been addressing this at school, the teachers felt that Wellbeing Week needed to be brought forward. The teachers have planned some activities for the students such as meditation, relaxation etc to help with their wellbeing.



## ZOOM Parent Teacher Interviews

We have had some very positive feedback from parents and teachers about the recent zoom parent teacher catchup meetings held over the last couple of week. The teachers have expressed their appreciation to the parents who made appointments to meet with them. It was a shame though that there were a number of parents who were 'no shows' for their appointed time.

For 2022 we will continue to have parent teacher interviews in terms 1, 2 and 4. The Interviews in Term 1 and Term 4 will be via zoom and the end of Term 2 one will be face to face.

Thank you for your continued support

Take care and God Bless

*Cheryl*

Go gently

# All Saints' Day



On Monday Years 5 and 2 led us in celebrating All Saints Day, acknowledging all those holy men and women who have gone before us in faith. As we honour these great people of faith, let us reflect upon who they are and what role they continue to play in the life of the Church. Below are some reflections written by our Year 5 students, our leaders for next year, about saints who inspire them and showed leadership.

## St Joseph

Joseph took Mary and Joseph and fled to Egypt to protect them from Herod who planned to kill the baby Jesus. St Joseph is not only the patron saint of Mexico, Belgium, and Canada, but also the patron saint of the universal church.... **Anaum**

## St Mary of the Cross

Mary MacKillop is Australia's first saint. She led a remarkable life in service of others. Mary inspired many young women to become nuns. She founded schools for the poor children and educated them.....**Mia**



## St Veronica

The story of St Veronica is celebrated in the sixth station of the cross when she showed courage by wiping the face of Jesus. She showed leadership by caring and helping others. One of her roles is that she is the patron saint of laundry. **Isabella T and Isabelle V & Tully**

## St Rose of Lima

St Rose was known for her piety and chastity. She would bring the poor to her home and provide them with food, water, and clothing. St Rose would sell her flowers to make money for the poor. She is recognised as the patron saint of gardeners and florists.....**Adelaide**



## St Francis of Assisi

St Francis shows leadership by teaching us to always care for the environment and love all the flora and fauna that God created. Our current pope has taken the name Francis. St Francis is the patron saint of animals and ecology....**Jemma-Jade & Ann**

## St Joan of Arc

St Joan of Arc is a national heroine of France. She was a peasant girl who, believing that she was acting under divine guidance, led the French army in a momentous victory at Orléans in 1429 against the English. She inspires me because she was fearless and showed leadership, determination, commitment to her King and her country and unwavering bravery. She is the patroness of soldiers and of France....**Chloe**

## St Maria Goretti

St Maria Goretti is an Italian martyr of the Catholic Church, and one of the youngest saints to be canonized. She was known for her forgiveness and mercy. She is the patron saint of crime victims, teenage girls and youth today and inspires me to stand up for what is right.....**Makayla**

## St Therese of Lisieux

St Therese was a very spiritual person and is famous for writing essays, explaining her spiritual path of love and selflessness. She was declared a doctor of the Catholic Church by Pope John Paul II in 1997. She is one of only three females to be considered for this role. She is a patron saint of missions and of florists and is also known as 'The Little Flower.'.....**Cara Annabelle**







*Let the lights of the Saints fall on us today and always.  
Help us to gaze steadily toward the face of Jesus  
as the saints did before us and may their prayers  
bring us God's forgiveness and love.  
May we follow Jesus in all the days of our lives.*



**PASTORAL  
WORKS** Broken  
Bay



### November 2021 Appeal

St Edmund's College is one of the five beneficiaries of Pastoral Works Broken Bay.

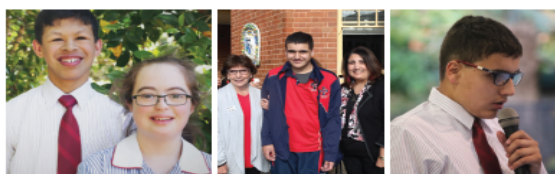
The College supports 120 students with disabilities such as intellectual, sensory impairment or autism, providing skills and experience for them to fully engage in life.

Your generous donations help with vital fee assistance to families in our Catholic community so that their children can access the services offered by St Edmund's.

Watch the attached short film to see the amazing impact your donations support <https://youtu.be/3r5BE26o2H4>.

To donate, complete the collection envelope in your parish, or visit [www.bbcatholic.org.au/pastoralworks](http://www.bbcatholic.org.au/pastoralworks).

**Thank you and God bless you for your generosity.**



FROM OUR ST PATRICK'S PARISH



EAST GOSFORD  
MARKETS

**Lockdown is Over  
The Markets Return**

**Saturday, 20 November**

ST PATRICK'S PRIMARY SCHOOL  
EAST GOSFORD

BEHIND ST PATRICK'S PARISH

## From the Library and LARC (Learning and Resource Centre)

### SAVE THE DATE

Due to the lockdown we had to postpone our annual Bookfair.

It will now be held from Monday 6th December to Thursday 9th December.

More information will come home closer to the date.

Carmen Hartz

Teacher Librarian



## FROM OUR P & F COMMITTEE

### Bingo – Save the Date.

We apologise for the rescheduling of our bingo night. We have now locked in Saturday 5<sup>th</sup> March 2022. Further details will be posted on Facebook and in our newsletter next year.



### Christmas Raffle

We will be having a Christmas Raffle this year – stay tuned for further details.



### Canteen update

Thank you to all of those who have already put their name down to help this term. Attached is the most recent roster – please contact Rachael on 0421 048 099 or comment on '[Our Kids Canteen](#)' [Facebook page](#) if you can help out.

### Canteen Red Day

We will be having a canteen Red Day on Friday 26<sup>th</sup> November. More details will be announced shortly.

### P & F Meeting

Our next P & F Meeting is on Wednesday 17<sup>th</sup> November, our last meeting for 2021. We look forward to seeing our regulars and we welcome any new parents and/or carers who would like to take part. If you have any feedback and you're unable to attend our P & F Meeting, please email Rachael – [rach380@hotmail.com](mailto:rach380@hotmail.com).

### THANK YOU MARIE WALSH!!

For those of you who don't know Marie, Marie has been involved with the P & F and our school canteen for the last 4 years. Marie does all of our canteen ordering, drives to our supplies when they have not sent us the correct stock, looks after our fridges/freezers, defrosts freezers, is only a phone call away when you need her and the list goes on. Marie has decided to step away from this role, and we wish her all the best. Thank you Marie.

**Thank you Marie**



# St Patrick's Wellbeing Week 8 - 12th November

Wellbeing Week – beginning Monday, 8<sup>th</sup> of November.

After a long term of HBL, many of our children (and teachers!) are feeling anxious, and may be finding it tricky to settle back into school life. This term, during Wellbeing Week in Week 6, we will be focusing on strategies to combat anxiety, teach self-regulation, and promote a calm body and mind.

We hope that you also take the time, after the busy and difficult year we have all had, to care for your own mental health. The Parent Wellbeing Portal will include strategies that we will be engaging in at school, so that you may use these at home for your children, or for yourself.

Watch out for the link on Facebook, and via Compass.

All activities will be classroom based and engage your children in quiet, reflective time. Think meditation, all things mindful, guided imagery, anxiety strategies, practicing quietness, journaling, calming music activities, and so on.

Go gently.

# CANTEEN ROSTER TERM 4 2021

TWO volunteers are required for each canteen on Wednesday (where possible) and Fridays.

Wednesday is recess only and shift is approx.: 10:30am – 11:30am (10am if cooking chicken fingers)

Friday Split shifts or full days are available on Fridays as follows:

Full day: 9:30am – 2:00pm or Morning shift: 9:30am – 11:30 or Afternoon shift: 11:00 – 2:00pm

Current roster is posted on our Facebook Page: "Our Kids Canteen"

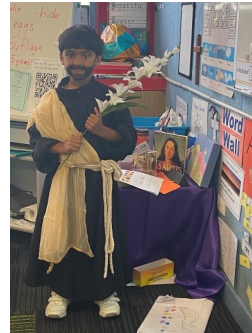
Please add a comment below the roster on our Facebook page to fill a shift or you can contact:

Rachael Playle 0421048099 or rach380@hotmail.com

TRAINING WILL BE PROVIDED if required. Thank you.

Week	Date	Infants	Primary
NOVEMBER			
	Friday 5 <sup>th</sup>		
	9:30am – 11:30am		
	11:00am – 2:00pm		Suzanne Simpkins
	Or ALL DAY	Eileen Macpherson Maria Palmer	Lorraine Hughes
6	Wednesday 10 <sup>th</sup>	Vanessa Potter Kendal Carbonara	Rachael Playle & Mum
	Friday 12 <sup>th</sup>		
	9:30am – 11:30am	Kate Redman	
	11:00am – 2:00pm		
	Or ALL DAY	Karen Phillips Bianca Bee Pickham	Jen Furley Annie Howie
7	Wednesday 17 <sup>th</sup>	Sarah Jimenez Anna Llige	<u>Need x 2</u>
	Friday 19 <sup>th</sup>		
	9:30am – 11:30am		
	11:00am – 2:00pm	Jessica Valle Rebecca Thorogood	
	Or ALL DAY	Pam Magill	Lorraine Hughes Eileen Macpherson
8	Wednesday 24 <sup>th</sup>	Sarah Jimenez Anna Llige	Vanessa Potter Mel Chidgey
	Friday 26 <sup>th</sup>		
	9:30am – 11:30am		
	11:00am – 2:00pm		
	Or ALL DAY	Pam Magill Pat Sanfillipo	Lorraine Hughes Christie Kissane
DECEMBER			
9	Wednesday 1 <sup>st</sup>	Sarah Jimenez Yvette	<u>Need x 2</u>
	Friday 3 <sup>rd</sup>		
	9:30am – 11:30am	Kate Redman	
	11:00am – 2:00pm		
	Or ALL DAY	10.30-2 Pam Magill 10.30-2 Aida Reyes Cruz	Amy Whitworth Kristy smith
10	Wednesday 8 <sup>th</sup>	Sarah Jimenez Karen Phillips	<u>Need x2</u>
	Friday 10 <sup>th</sup>		
	9:30am – 11:30am		
	11:00am – 2:00pm		
	Or ALL DAY	Sarah Jimenez & Mum	Lorraine Hughes Katie Ercan






# All Saints Day











*Did you know ? Our school has a School Band Program!*



*Students did a fantastic job advancing their music skills via online learning in term 3. *

*We are incredibly proud of their achievements  and wanted to share their online learning project video in celebration of their hard work. *

*Well done  to everyone who participated and thank you  to the Central Coast Conservatorium teachers for making music so much fun!  *

*#centralcoastconservatoriumofmusic #cccmusicgosford #music #learntoplay #schoolband #futuremusician #makingmusicfun #thankyou #onlinelearning #congratulations #celebration*

*Check out this link*

<https://www.youtube.com/watch?v=7xDTPCblkT4>

## The Uniform Shop

Dear Parents and Carers,

The Uniform Shop will reopen to the school community from Tuesday 9th November.

All customers are required to show full vaccination status to enter the Uniform Shop. Customers must check in with the QR code at the school gate and the Uniform Shop. Masks must be worn and social distancing rules must be followed.

All new students must register an account and book a fitting appointment online at [www.alintaapparel.com.au](http://www.alintaapparel.com.au)

St Patrick's Primary School Uniform Shop  
Phone: 0412 087 696  
Email: [stpatrickprimary@alinta.com.au](mailto:stpatrickprimary@alinta.com.au)



Year 3 Gold has been studying Vincent Van Gogh and his painting called, 'The Starry Night'. Students looked at his short brushstrokes and the way he used colour to depict the



Wednesday 27th October 2021

Dear Year 2,

It's us - the chairs. We NEED to talk! Can you guess why?

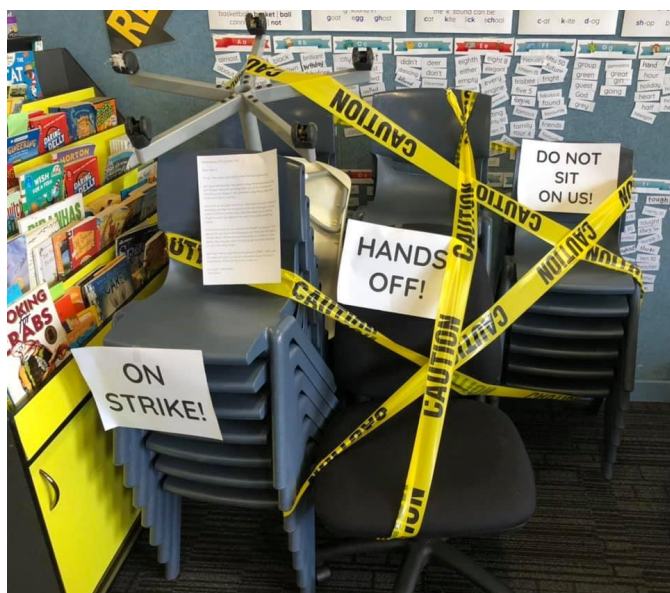
We have had enough! The last two days have been exhausting with all your bottoms plonking down on us. For months and months we sat lonely in the classroom, only being used a few times and now it is all day.

You sit on us, put your feet on us, rock back and forth making us feel dizzy and like we are going to fall over. Once your teacher even STOOD on us! Yes that's right she stood on us with her shoes to reach up higher on the wall. If we could scream we would!

In term one and two you were much smaller but now you have grown. Do you know how heavy you are? And don't even get us started about all the pulling and pushing us in and out of your desks. We know you are in a hurry to get out of the classroom but you are really rough!

We have had enough! So we are going on STRIKE - that's right no more sitting on us until you persuade us you can treat us respectfully.

From you classmates,  
*The Chairs*



Letter to the chairs  
Dear chairs,  
29th October 2021  
We want you to let us sit on you again. We were so sorry for standing, hurting and pushing to hard. We will be more careful and Kinder and nicer. We need to sit on you because you will get dusty and old. We are missing you and can we please sit on you again?  
When you leave you will be lonely and you let us sit on you you will be cleaner.  
It will be hard liveing alone with no friends  
can we sit on you again?

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# School banking update.

ST PATRICK'S WOULD LIKE TO THANK THE WONDERFUL VOLUNTEERS WE HAVE HAD OVER THE YEARS AND FOR THE HOURS YOU HAVE SPENT ORGANISING SCHOOL BANKING

## School Banking update from Commonwealth Bank

For 90 years, our School Banking program has helped children learn about money, reinforced the importance of regular savings and provided structure for parents to support their children to save.

Though the program continues to have strong support from schools, parents and teachers, recent decisions by some state and territory governments because of a review by the corporate regulator mean we are unable to continue providing programs in schools, and we have had to make a difficult decision to close our School Banking program for all government and non-government schools across the country.

Our School Banking program was established in 1931 at a time when having a bank account was not commonplace, and since then we have helped more than 15 million Australians take their first financial steps. This would not have been possible without the wonderful support we have received from schools like yours, including all the parents and volunteers, and for this we are deeply grateful. Thank you.

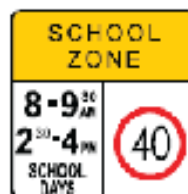
Even though this is a sad time, School Banking has taught so many young Australians, past and present, the value of money and we believe this should be celebrated. We have created a place for you to share your stories, fondest memories and lessons learnt through the program. To share your story and access our financial education resources, please visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)

Even though the CommBank School Banking program will not be returning to your school after this year, you can continue to make deposits into your child's Youthsaver account through online transfers or at any CommBank branch. If you need further information please phone 132 221 or visit your local CommBank branch.

## Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

- ✓ A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- ✓ **School Bus lights** – buses use signs and orange flashing 'wigwag' lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the 'wigwag' lights are flashing as there may be children crossing or about to cross the road.



- ✓ A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



**THESE SIGNS MEAN YOU MAY STOP  
HERE TO DROP OFF / PICK UP**

**BUT YOU MUST**

- stop for up to 2 minutes only
- stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones  
HEAVY FINES and DEMERIT POINTS APPLY**

- ✓ A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.



- ✓ A **No Stopping Zone** means no stopping at any time.

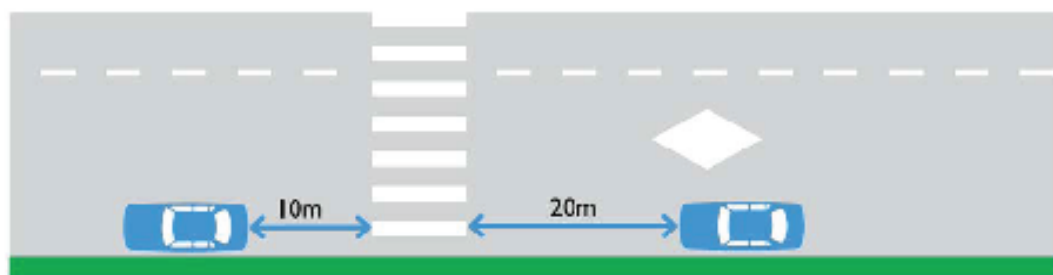




## Other times when you must not stop

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

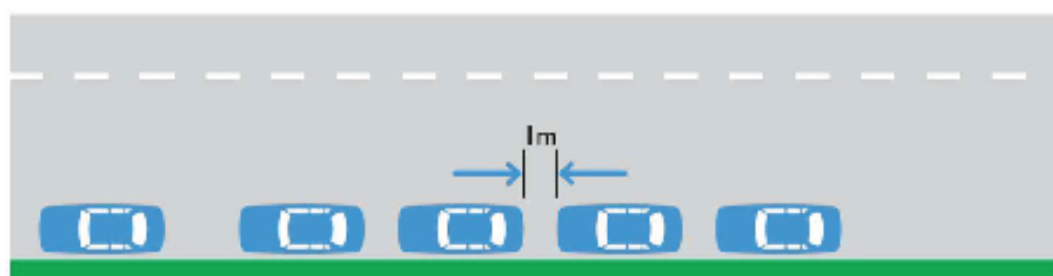
- ❌ Double parked (that is in the road alongside a car that is parked)
- ❌ Across a driveway or footpath
- ❌ On a median strip or traffic island
- ❌ On footpaths and nature strips
- ❌ On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- ❌ Within an intersection
- ❌ Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



- ❌ In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
- ❌ At least one metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- ❌ Within three metres of any double centre lines
- ❌ Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.