

Family Mass

Children's Liturgy every 9am Mass
except in school holidays

P & F Meeting

Wednesday 2 June 7pm

St Patrick's Hall

Enquires and bookings please call the
school office

Outside School Hours Care

E: eastgosford.oshc@dbb.org.au
or phone 0408 165 671
or visit the school website

The Uniform Shop

phone 0412 087 696

opening hours during school terms

Tuesday

8.30am – 10.30am

Also 1st Friday of every month

2.00pm – 4.00pm

The uniform shop can be contacted
outside of business hours by email
stpatriksprimary@alinta.com.au
payments can be made direct to

Alinta Apparel in the form of cash,
credit card, or debit credit card

NO CHEQUES

uniform price list & online shopping
available at

<http://www.alintaapparel.com.au/alinta/>

2nd Hand Uniform Shop

Fortnightly Friday 2pm

or as advised.

Contact Louise 0407 100 433

Canteen

Infants: Wednesday & Friday

Primary: Wednesday & Friday

Rostered volunteers please give
24 hours' notice if you are unable to
attend

From our Principal Mrs Cheryl Walsh.....

Dear Parents and carers,

I hope that you are all well and surviving our lockdown restrictions which are now with us for another four weeks. It is a very difficult situation for everyone, but it may help if we can stay positive and be thankful for what we have. Don't forget that we are here to help in anyway we can, and we are just a phone call or email away.

Parent Survey for Reports and Parent teacher Interviews

This week I sent a link to parents asking for some feedback about the changes we made this year to parent Teacher Interviews and our Semester 1 Reports. Could I ask that you complete the survey by Friday 6th August. Here's the link again.

<https://forms.gle/YGw3goh7Nd9z3NLb6>

Home Based Learning (HBL) - Finishing Off Fridays

As you would have heard we will be continuing with HBL for the next four weeks. From this week we have changed some of our HBL to have Fridays as '**Finishing Off Fridays**'. Teachers will only post a literacy (reading) task and a Maths online task. The rest of the day allows students and parents to complete any Teacher Assessed Tasks (TA tasks), as these tasks will be used to report on for Semester 2.

We have received advice just this week that Literacy, Numeracy and Religious Education are the three KLAs that we will focus on. Teachers may continue to add tasks for students based on HSIE or Science. The teachers will also continue with their zoom catch-ups with the students each week.

Can we ask that parents continue to complete the google form each week to inform us if their children are coming to school. This helps us to organise supervision of the students. Please be aware of the guidelines set by the government and CSNSW:

ATTENDANCE

The NSW Government and CSNSW have reminded us that parents must keep children of all ages across Primary and Secondary schooling, home if they can. Our school will ensure that our students are supported to learn from home during this time and have adopted HBL as our primary form of teaching. If your child needs to attend our school, we are open and will provide the supervision needed.

School Fee Relief

CSBB have again organised assistance with school fees for those parents that have been affected financially with the current COVID lockdown restrictions. Please contact CSBB on 9847 0000 and speak to someone in the Fee Relief section.

Thank you for your continued support.

Please take care and God Bless.

Cheryl

PLAYGROUP

We are so disappointed that we will not be able to go ahead with Playgroup as planned on Monday 2nd August & Friday 27th August due to the current Covid restrictions.

But we are working on something special behind the scenes!



Eighteenth Sunday in Ordinary Time Year B, August 1, 2021

'The feeding of five thousand' Justino Magalona

The sequence of Gospels and associated Readings from John over the coming weeks provides an opportunity to focus on *teaching/catechesis* on the Eucharist. **'Bread from heaven'** - The "Bread of Life" theme continues this week.

The context for this scripture expands upon the miracle described in last week's Gospel about the 'feeding of 5000'. The Gospel (John 6:24-35) has the people pursuing Jesus, in search of more. They had seen Him work the miracle, they felt nourished, both physically and spiritually and they wanted to continue to feel the contentment associated with it. Jesus reminds them that God sent Him as 'the bread of eternal life', set with God's seal and favour.

Understanding the spiritual reasoning of His message first requires the fulfillment of physical satisfaction. People cannot pray if they are filled with fear and distraction about where their next meal will come from.



As Australians we live in a 'lucky country'- even with our current challenges- we are in a blessed, and privileged position as God's people on Earth. Generally, we have enough. We have our fill, most of us – of food, water and shelter and other basic needs. We are able to hear Jesus' words about 'bread from heaven,' and 'food that endures for eternal life,' and 'the bread of God that comes down to give life to the world' – from a spiritual perspective that gives us hope in the face of our struggles and suffering, doubts and despair. We can give thanks because – our privilege is meant to put us to work. We can use our abundance to share money and meals with the poor. We can use our abundance to support and reach out to those in our community in need. We can use our abundance to make choices that are better for ourselves and that will share bread – real bread and water; real food and drink; real fuel and sustenance and nourishment – with God's children whose lives really will be transformed because of it.

So, this gospel is about the need to share, the physical and material needs required to grow and thrive as well as the spiritual needs of faith and belief that allow all to flourish in a community of love.

Prayer:*God who sustains me,*

*For people to receive the gift of spiritual nourishment they need to have their basic needs met,
Help me to use my position of abundance to care for those in need.*

The message of hope is what helps people to flourish,

Let me be a positive voice for the way Jesus has nourished me.

Amen

Feast Days in Week 4/5

August 5th 'St. Teresa of Calcutta' – "Learn to love, learn to forgive." It makes perfect sense that in a week that we talk about sharing, we celebrate a modern saint in St. Teresa of Calcutta. The streets of this Indian city are amongst the most impoverished in the world. Amongst this extreme poverty Mother Teresa, together with her sisters of the *Order of the Missionaries of Charity* sought to reach out and rescue all; children and adults and in so doing raise awareness for the plight of the poor. As a winner of numerous awards including the Nobel Peace Prize, she encouraged world leaders to support her cause.



St Teresa of
Calcutta

What does St. Teresa teach us? *Consider donating a supermarket gift card dedicated to a family in need.*

August 8th St. Mary of the Cross MacKillop – 'Let us show this love (that Jesus has for us) in our acts'

Mary MacKillop was an ordinary woman who sought to raise people up from poverty through education. Mary was born and raised in 19th century Melbourne to Scottish immigrants. From humble beginnings in a converted barn school in Penola, South Australia, Mary started teaching the poor children of the area. Soon, along with Fr. Julian Tenison Woods she started the Sisters of St. Joseph who went on to found many schools across our nation and the Central Coast, including our own school, St. Patrick's, opened in 1959. *The Sisters of St. Joseph*, sometimes called the Josephites, continue to inspire teachers in Catholic schools to educate children in faith and love, in the hope that they will become the people God wants them to be. Mary MacKillop was canonised St. Mary of the Cross MacKillop in 2010.



Mary of the Cross
MacKillop
Patron Saint of
Australia

What does St. Mary teach us? *Give thanks for the gift of Catholic education.*

ZOOMING AROUND THE SCHOOL COMMUNITY

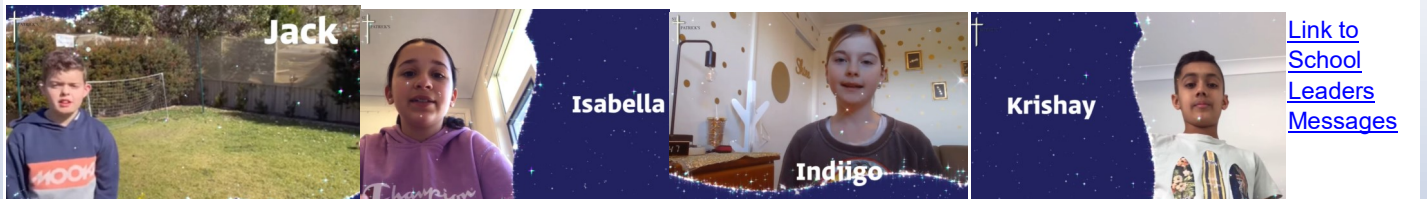


Beautiful Artwork Year 6



In our scavenger hunt we had to find a hat to wear, something blue and something sparkly!

1 Blue Zooming



Jack

Isabella

Indiigo

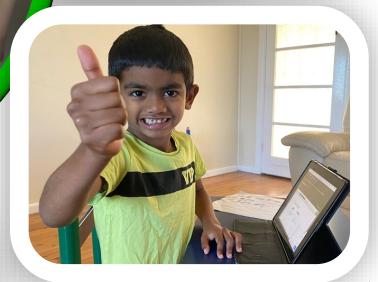
Krishay

[Link to School Leaders Messages](#)



GREAT PRODUCE FROM OUR VEGIE PATCH

TOKYO 2020





Happy 100 days of Kindergarten!!
Even though we couldn't be together
we can still celebrate this milestone.



Term 3 from the Cancer Council's Healthy Lunch Box website

Welcome to the [Healthy Lunch Box](#) Term 3 update. As we head into the new school term, a lot of us are experiencing some form of restrictions due to COVID. Eating well and staying healthy has never been so important for you, your family and the school community. The [Healthy Lunch Box](#) has lots of ideas to keep families busy during this difficult time. [Lock down cooking](#)

Having more time at home is a perfect reason to get cooking in the kitchen. Our top 3 recipes to cook in lockdown use simple ingredients, are easy to make and are packed full of nutrition.

[Banana bread](#) – get on that lockdown trend and try our banana bread recipe

[Mediterranean scrolls](#) – delicious for lunch or an afternoon snack

[Shepherd's pie](#) – tasty and protein-packed meal with 4 serves of vegies per portion!

Fun activities for kids

You may have seen our [Healthy Holidays Guide](#) that we promoted during the last school holidays? This guide isn't just for the holidays, but is a fantastic resource with lots of activities to keep kids learning through the lockdown such as [design a menu](#) or build a lunch box using our online interactive [Lunch Box Builder](#).

New recipes for Term 3

This term we have three new recipes featuring on our website that use delicious winter vegetables.

[Lamb tagine](#) – packed with protein and vegetables, this lamb tagine recipe is perfect all year round for a tasty family lunch, dinner or leftovers for the lunch box.

[Vegetable fritters](#) – a great way to get kids eating vegetables. Delicious for brekkie, lunch or as snack and perfect for the school lunch box.

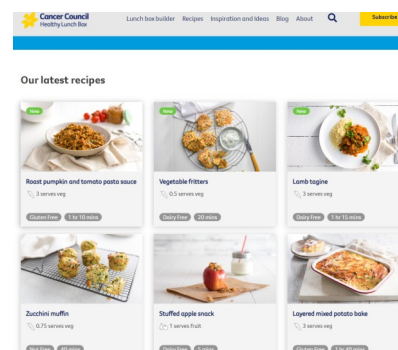
[Roast pumpkin and tomato pasta sauce](#) – this recipe is super tasty and healthy. Use as a pizza sauce, on pasta sauce or in place of tinned tomatoes in recipes.

Check out our new blogs for Term 3

[What's in season for winter](#)

[5 tips to lower your family's salt intake](#)

How to get [5 veg and 2 fruit](#) into the day





Day of Appreciation

for aged care and health workers

Friday 30 July

Let's have a warm round of applause at midday for one minute to thank our frontline workers, who are sacrificing everything to support vulnerable Australians in these challenging times.

#YouCareWeCare

