

Family Mass  
Children's Liturgy every 9am Mass  
except in school holidays

P & F Meeting  
8 March 7pm on the Infants Campus

St Patrick's Hall  
Enquires and bookings please call the  
school office

Outside School Hours Care  
E: [eastgosford.oshc@dbb.org.au](mailto:eastgosford.oshc@dbb.org.au)  
or phone 0408 165 671  
or visit the school website

The Uniform Shop  
phone 0412 087 696  
opening hours during school terms  
*Tuesday*  
8.30am – 10.30am  
*Also 1<sup>st</sup> Friday of every month*  
2.30pm – 4.00pm  
The uniform shop can be contacted  
outside of business hours by email  
[stpatriksprimary@alinta.com.au](mailto:stpatriksprimary@alinta.com.au)  
payments can be made direct to  
Alinta Apparel in the form of cash,  
credit card, or debit credit card  
**NO CHEQUES**  
uniform price list & online shopping  
available at  
<http://www.alintaapparel.com.au/alinta/>

Canteen  
*Infants: Wednesday & Friday*  
*Primary: Wednesday & Friday*  
Rostered volunteers please give  
24 hours' notice if you are unable to  
attend

Greetings,

I would like to warmly welcome you all back to school for another joyful year together.

For those who are new to St Patrick's, my name is Jacqueline Nenadovic and I am the Religious Education Coordinator and one of the Year 4 classroom teachers.

St Patrick's is a very special place! We work together collectively to teach and nurture our children in spirituality and faith, which they will carry with them in the years to come.

Lord Jesus,

We ask for Your guidance as we begin this new school year. Allow us to experience Your presence in the many blessings You put before us. Open our eyes to the new challenges and exciting opportunities that this new school year brings; for our students, our families and our teachers. Open our hearts and minds to new friends. Give us a generous spirit to be enthusiastic with our learning and give us courage to accept new opportunities. Help us be attentive to one another and let us experience Your presence.

Jesus, inspire each and every one to do their best this year!

Amen



### Opening School Mass

Preparations are underway for our Opening School Mass on Friday the 9<sup>th</sup> February 2018 at 9.00am in the Church. We would love to see many families and friends join us to celebrate the new school year in our Catholic tradition. We welcome and bless our Kindergarten children and commission our Year 6 Captains.

### Family Mass: Kindergarten and Year 6 Buddies

On Sunday the 4<sup>th</sup> March 2018 Kindergarten and their Year 6 Buddies will be celebrating a Family Mass at the Church at 9.00am. A note will be send home shortly. We would love as many children as possible to come! It is a great time for the Kindergarten students and their Year 6 Buddies to celebrate together in prayer. Bring a plate and share morning tea with our school and parish community afterwards in the Jordan Room.



### Sacramental Programme

The Sacraments are an important part of our Catholic life and faith. They are opportunities to personally encounter God.

The first of the Sacraments is Baptism and it is needed before a Catholic can continue with the Sacraments of Confirmation, Reconciliation and the Eucharist.

For families and children who have been Baptised, the Sacrament of Confirmation is offered to children in Year 2. Children who have been Baptised and Confirmed are then eligible to proceed with the Sacraments of Reconciliation and First Eucharist in Year 3.

In the next week, I will distribute the Parish Sacramental Programme Information Booklet to all Year 2 and 3 children (and any other student who wishes to begin their Sacramental journey) outlining the dates and requirements for each of the Sacraments.

We are mindful that some children (and parents) new to our school and Catholic community may not yet be Baptised OR may have missed one of the Sacraments. If you fall into these categories, please contact either myself 4325 1159 or Colleen from the St Patrick's Parish Office on 4325 1042.



It is important to be mindful that when transitioning from a Catholic Primary School into any of our feeder Catholic High Schools that a commitment to the Sacraments demonstrates your Catholic life and faith in action and is considered in the enrolment process. We encourage any families who are wishing to enroll into a Catholic High School, whose child/children have not received the Sacraments to contact Cheryl, Michelle or myself to have a chat about this matter.

**What's on:**

- W2: Whole School Mass, Friday the 9<sup>th</sup> February at 9.00am
- W3: Ash Wednesday Primary Mass, Wednesday the 14<sup>th</sup> February at 9.00am in the Church  
Ash Wednesday Infant's Liturgy, Wednesday the 14<sup>th</sup> February at 10.30am in the Infant's Library
- W5: Kindergarten and Year 6 Family Mass, Sunday the 4<sup>th</sup> March at 9.00am
- W7: St Patrick's Feast Day Mass 9.00am and Fun Day, Friday the 16<sup>th</sup> March 2018

Go gently with Christ  
Jacqueline Nenadovic, Religious Education Coordinator



**ST PATRICK'S PARISH NEWS**

Ph: 4325 1042 / patsgos@acs.net.au / gosford.dbb.org.au

**GREETINGS & GOD'S BLESSINGS FROM FR TADEUSZ**

Welcome back!  
Term 1 is a very busy time for us all and I look forward to seeing many new faces at the school's Commencement Mass on Friday February 9 at 9am. I have included in my news to you our Lenten calendar which commences with Ash Wednesday on February 14, only a couple of weeks away, and also extend to you a warm invitation to some other upcoming and important events.

**ASH WEDNESDAY MASSES**

In addition to the school's Mass at 9am we have:



7am, 11.30am & 7.30pm at St Pat's and 6.30pm at Somersby.

We remember that Ash Wednesday is a day of Fasting & Abstinence.

We invite you to check out our Bulletin for a full range of options to help us prepare for Easter.

**HEALING MASS WITH ALAN AMES**

We are pleased that Alan who has had an amazing past which led to his mission today to travel the world spreading the word of God, and healing those in need will be at St Pat's on **Tues Feb 13 @ 7pm**. Come along.



**PINT SIZED PADDIES**  
Yrs 5 -8,

**NEXT! Fri Feb 9 @ 7pm**

**Call Mel on 0434 251 481**

**Only \$2!**

**FOR THE CHILDREN & FAMILIES**

Don't forget we hold **Children's Liturgy** each Sunday of school term during the 9am Mass for kids ages 4 & up. Simply meet the group leader in the foyer at 8.55pm.

**Christian Families Gathering**

This is held after the 9am Mass each 2nd Sunday of the month and the next is February 11, at the Hall.

**Family Masses: Next: 9am Sunday March 4.**

**FROM OUR PRINCIPAL MRS CHERYL WALSH.....**

Dear Parents and students,

Welcome back to another school year. I hope everyone had a wonderful holiday and that you are all as excited as the teachers are to return to school.

The children look fantastic in their uniforms, so thank you parents for going to so much trouble to ensure your children looked their best. Especially the parents who took the trouble of purchasing predominately white runners, I greatly appreciate this.

This week the teachers have been speaking with the children about their uniforms, haircuts and jewellery. One of the things we noticed at the end of last year and this week are the 'Jo Jo Bows' that some of the girls are/were wearing. If these bows are navy or royal blue and no longer than 10cm then they are ok to wear. The larger ones should not be worn as they make wearing a school hat too difficult.

**Parent Teacher Information Night**

On **Wednesday 7<sup>th</sup> February** is our beginning of the year information session for parents. There is some very important information for parents in regards to changes to our School Awards, the new school diaries and the new Google Permission Forms. **It is important that one parent from each family be present for this information.** We start at 6.30 in the hall and then there are two (repeat) sessions for each year Grade. Commencing at 7pm and 7.30pm in various positions on the primary side of the school. to allow you to attend both sessions if you have more than one child attending St Patrick's in 2018.

**PARENT**  
Info Night

## Parish News

There are two wonderful opportunities for our school and parish community this weekend on Saturday 3<sup>rd</sup> February. The 'Women Alive Retreat Day' at Somersby led by Mrs Virginia Ryan from the Catholic Schools Office and a family BBQ organised by the 'menAlive' group after the 6pm mass.

For those women in our school who are thinking about attending Saturday's Retreat Day, I can highly recommend Virginia Ryan. I have had the pleasure of working with Virginia on many occasions in the two schools in the Diocese that I have been at and her energy, expertise and spirituality are amazing. If you can make the time to attend it will be very worthwhile.

## School Review – Tier 2

This year in early Term 2 the school will be participating in a Review of our practices, teaching, WHS, Facilities. This is a major undertaking and I am looking forward to sharing the findings with you later in Term 2. As part of this Review the school will go through a major WHS audit later this term.

## New Primary Canteen

Over the holidays a major refurbishment took place in the Primary Canteen. This was required under the 'Ten Year Maintenance Plan' commissioned by the CSO in 2016. The Canteen looks fantastic with new flooring, ceiling, cupboards, benchtop and oven. I would like to thank the P & F for undertaking this project and all of our families who supported the many fundraising events to enable this to happen. I am sure that the volunteers and students will benefit from this refurbishment



Our P & F Meeting and AGM will be held on 8<sup>th</sup> March and there will be executive positions to fill this year so I am looking forward to seeing many parents there.

## Playground supervision before school.

Just a reminder that children are **not to be dropped at school before 8.10am** when supervision starts. This includes all children, primary side as well as infants. If this is a problem for you as you leave early for work, please contact before school care (Catholic Care) Phone: 0408165671

I hope that the beginning of the year is an easy transition back to school for everyone,

God Bless,

*Cheryl*



## FOR YOUR FORWARD PLANNER...

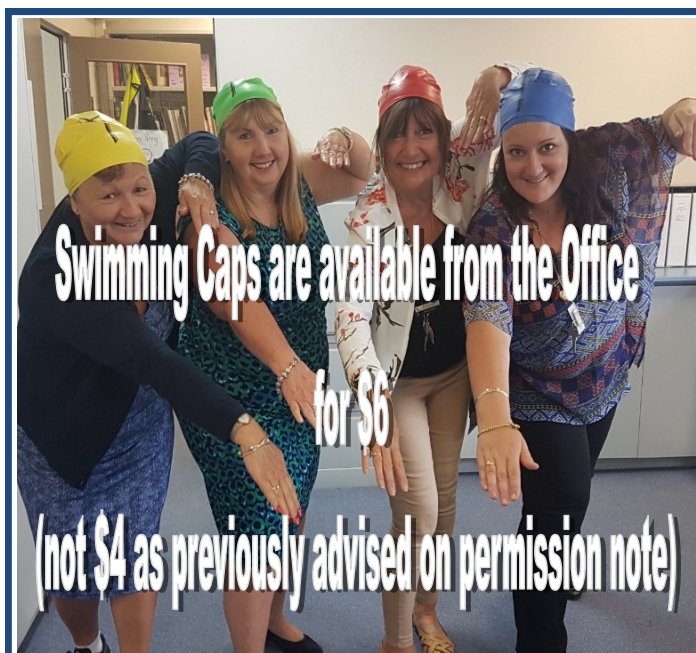
13 February	Swimming Carnival
9 –10 May	Yr 6 Canberra
21 –23 November	Yr 5 Camp

## Sports Uniform for Term 1

During Term 1, all students will be participating in a Gymnastics Program and this will start in Week 2. 

Children are to wear their sports uniform on the following days during Term 1:

- Kinder - Monday & Friday
- Year 1 - Thursday & Friday
- 2 Blue - Monday & Friday
- 2 Gold - Thursday & Friday
- Year 3 - Thursday & Friday
- Year 4 - Thursday & Friday
- Year 5 - Monday & Friday
- Year 6 - Monday & Friday



## From the LARC (Learning and Resource Centre) and Infant's Library

### Mrs Carmen Hartz

Welcome to 2018, another great year to share books and enjoy reading. Once again we will all be borrowing and sharing exciting library and LARC lessons as well as participating in thrilling events throughout the year such as the Premier's Reading Challenge, Book Fair and Book Week. Together let us encourage reading and foster a love of literature in our children.

Please remember a library bag is required on your child's library day so that they can borrow books from the library or LARC.

Library Timetable:

Tuesday	Wednesday	Thursday
2 Blue	4 Blue	5 Blue
2 Gold	4 Gold	5 Gold
1 Blue	3 Blue	
1 Gold	3 Gold	
K Blue	6 Blue	
K Gold	6 Gold	



Looking forward to sharing the world of literature with your children.

Carmen Hartz, Teacher Librarian

### HELP Needed

Have you always wanted to help at school but have been too busy on school days?

Well here is your opportunity to help at home. Throughout the year we purchase many new books for the library, LARC, classrooms and literacy groups. After they have been entered on the computer they all need covering. If you are confident at covering books using contact and would like to help please complete the form below and return it to school. Contact will be supplied, cut and ready to cover these amazing new books. Books and contact will be sent home in bags and can be returned when you have covered the books at your leisure.



Thank you in anticipation.

Carmen Hartz, Teacher Librarian

✂✂.....✂✂

### Covering Books

Yes! I would love to cover some new books for St Patrick's Catholic Primary School in 2018.

Child's Name: \_\_\_\_\_

Child's Class: \_\_\_\_\_

## FROM THE MUSIC ROOM with Mrs Suzie Morris

**2018 ST PATRICK'S TRAINING BAND:** We are starting a new training band this year for our beginner musicians in Years 3-6 in partnership with the Central Coast Conservatorium of Music. Students receive specialised lessons by qualified Conservatorium tutors and are able to hire their instrument through the Conservatorium.

Currently we have around 20 students learning a range of instruments from the woodwind, brass and percussion families – if you are not sure ask your kids what instruments belong to these families. We will practice on Monday mornings before school starting at 7:45am (starting Week 3 of term) and then have a half hour group instrument lesson during school hours (starting Week 2 of term).

If you are Year 3 to 6 student interested in joining the school band please let Mrs Morris ASAP via [susan.morris@dbb.catholic.edu.au](mailto:susan.morris@dbb.catholic.edu.au)

**2018 St PATRICK'S CONCERT BAND:** We welcome back our 'seasoned' band students from 2017 moving up to form our new St Patrick's Concert Band. Here we will continue to develop our musicianship, instrument technique and band skills with a range of new material and band pieces – all under the guidance of our favourite Band Conductor Mrs Harris!

Band practice will be on Tuesday mornings before school starting at 7:45am (starting Week 2 of term) and half hour group instrument lesson during school hours (starting Week 2 of term).

Any questions please let Mrs Morris know via [susan.morris@dbb.catholic.edu.au](mailto:susan.morris@dbb.catholic.edu.au)

**LEARNING THE GUITAR OR KEYBOARD:** We also have private tutors and Conservatorium staff who teach guitar and keyboard lessons here at St Patrick's. If you are interested in learning either of these instruments please see the advert on this page for tutor contact details.

# Learn to play the keyboard

@ St Patrick's

*learn to play | read music | interesting repertoire  
have fun | solo | ensemble groups | performances*

Contact the **Central Coast Conservatorium of Music**  
for one-on-one lessons with tutor Sharon Hatton:

<http://centralcoastconservatorium.com.au/contactus>  
or contact Sharon Hatton (Tutor) on 0424 446 778

Contact **private tutor Anna Rott** for lessons:

0412 046 246 or [info@pianolessonscentralcoast.com](mailto:info@pianolessonscentralcoast.com)

More info: [www.pianolessonscentralcoast.com](http://www.pianolessonscentralcoast.com)



# Learn to play the guitar

@ St Patrick's

*learn to play | read music | interesting repertoire  
have fun | solo | ensemble groups | performances*

Contact the **Central Coast Conservatorium of Music**  
for group lessons with tutor Steve Smiley:

<http://centralcoastconservatorium.com.au/contactus>  
or contact Steve Smiley on 0410 039 556

Contact **private tutor Greg Taylor** for lessons:

Mobile: 0405 359 840 and Email: [bbks@bigpond.com](mailto:bbks@bigpond.com)

**RECORDER CLUB:** One of our lunchtime clubs at St Patrick's is the Recorder Club. Students in Years 3-6 are welcome to come along at **first half of lunch on Wednesdays** (before we eat!) to learn how to read music and play the recorder. We have recorders available for purchase (\$10) and to borrow and all other materials are provided.



**CHOIR:** Our St Patrick's Choir 'Chorestra' is going strong with students from Years 3-6 and we look forward to another great year of singing together! We welcome new members, especially any interested boys and our new Year 3 students. We practice on a **Thursday from second half of lunch** and into part of the afternoon session. We perform at school Masses, functions and within the local community. I have some exciting new repertoire – see you next Thursday for our first Choir practice!

**SONG WRITING COMPETITION 2018:** Each year St Patrick's sings, plays, dances and moves to the annual Music Count Us In song. Last year it was 'Shine Together', in 2016 it was 'Let It Play', 2015 it was 'Gold' and before that 'Let Me Paint You a Song'. Our students remember the words and the actions they create for many years.

These songs are written by primary and high school students from across Australia selected from entrants in the National Songwriting Competition (<http://musicaustralia.org.au/program/countusin/the-song/national-songwriting-competition/>).

The competition for 2018 is NOW OPEN and the brief is simple: 'We are looking for song entries written by students that are catchy, optimistic and upbeat. Your song should be positive and not too tricky.'

For more information please see the **2018 Song Brief**. Entries are submitted online and close on Thursday 15th February 2018. If you are interested feel free to chat to Mrs Morris :)

Due 15 Feb 2018

**SONG WRITING  
COMPETITION 2018**



**SUBMIT YOUR SONG NOW!** For more info download the song brief

**ATTENTION NEW FAMILIES!!!**

**KEEP UP TO DATE WITH ALL THAT IS HAPPENING**

**VIA OUR**

**NEWSLETTER (ENEWS) AND OUR FACEBOOK PAGE**

DON'T FORGET TO REGISTER FOR ENEWS ON OUR WEBSITE <http://www.spegdbb.catholic.edu.au/>  
AND JOIN OUR FACEBOOK SEARCH <https://www.facebook.com/stpatsEG>

Starting February 7th, Coles are running a promotion that will provide our children with sporting equipment. For every \$10 you spend at Coles, you will receive a voucher which you need to bring in to school and place in the box in the office. The more you shop, the more equipment our children will get. Please keep your eyes peeled!

### How does it work?

**Step 1**  
For every \$10 spent at Coles, customers will receive one Sports for Schools voucher.

**Step 2**  
Your school's families can then bring vouchers to your school, placing them in the collection bins provided.

**Step 3**  
Every voucher received by your school will go towards your tally to help you order sports equipment.

#### SCHEDULE OF SCHOOL FEES FOR 2018

**Family Fees** *the fees below are charged to each family per year:*

Building Levy	\$ 970.00
P & F Fundraising Levy	118.00
Working Bee Levy	106.00

**Student Fees** *the fees below are charged to each student per year:*

Tuition	1 <sup>st</sup> child	\$ 1,583.00
Tuition	2 <sup>nd</sup> child	1,266.00
Tuition	3 <sup>rd</sup> child	791.00
Tuition	4 <sup>th</sup> child	nil
School Based Fee	per child	533.00

*extras (approximately)*

Swimming	Years 1 & 2	\$ 115.00
Leadership Camp	Year 5	350.00
2018 Memento Shirt	Year 5	35.00
Canberra Camp	Year 6	350.00
Gymnastics	per child	45.00
Life Education	per child	10.00

**School fees may be paid as follows:**

- Annually
- Per Account (3 instalments per year)
- Monthly
- Fortnightly



Buy a book from



## Book Club

to help build our classroom resources

orders are due:

21st February

facebook

**ARE YOU LOOKING FOR WAYS TO KEEP UP TO DATE WITH WHAT'S HAPPENING AT SCHOOL?**

Embracing the social media platform - St Patrick's has created a new Facebook page as a way for parents and families to keep up to date with what is happening at School. Whilst recognising the importance to provide a range of communication tools to families, especially one which can be utilised for quick and efficient communication, it is important to also stress that this platform be used responsibly. The School Facebook Page has been set up as a one way communication tool that will be updated with general whole school reminders, quick snippets and interesting information for parents and families, events taking place in your school community and lots more! Simply search for St Patrick's Primary East Gosford in Facebook and "like" the page for up to date reminders. If you don't have an existing Facebook account, you will need to create one first! It is vital that all parents please be mindful of making any comments about School on any social media platforms and model responsible online etiquette to our students, your children.



**ST EDWARDS**  
Play Rugby league  
ages 6-17

**Ask us how to  
get \$100  
off rego.**

Registration days:  
Saturday 3/2/2018 - East Gosford Shops, 10am-2pm  
Saturday 10/2/2018 - St Edwards college oval, 10am-2pm

**ST EDWARDS BEARS**

**All players receive a  
free oral health  
check and a  
\$5 tailor made  
Mouth Guard\***

Phone Kristy: 0438241337 or  
visit [www.playnrl.com](http://www.playnrl.com)

\*Terms and conditions apply





## SECOND HAND UNIFORM SHOP

OPENING DATES FOR 2018  
FIRST FRIDAY OF EVERY MONTH  
8.30am – 9.30am

2<sup>nd</sup> Mar, 6<sup>th</sup> Apr, 4<sup>th</sup> May, 1<sup>st</sup> Jun, 6<sup>th</sup> Jul, 3<sup>rd</sup> Aug,  
7<sup>th</sup> Sept, 19<sup>th</sup> Oct, 2<sup>nd</sup> Nov, 7<sup>th</sup> Dec

Plus the following Tuesdays

10<sup>th</sup> Apr, 26<sup>th</sup> Jun, 25<sup>th</sup> Sept,  
11<sup>th</sup> Dec

Located near the music room on the primary side  
Please send in CLEAN second hand uniforms to the  
school office. Donations are greatly appreciated

# CASH ONLY

call Angela Gibbs on 0412 833 476

# Canteen Roster Term 1 2018

ONE volunteer is required on Wednesdays for each canteen and TWO volunteers are required for each canteen on Fridays. Please call Ange on 0409 362 217 if you would like to help. Thank you 😊

Week	Dates	Infants	Primary
1	CLOSED	CLOSED	CLOSED
2	Wednesday 7 <sup>th</sup> Feb	Need x1	Nan Moffat
	Friday 9 <sup>th</sup> Feb	Lorraine Hughes	Jo Ford Need x1
3	Wednesday 14 <sup>th</sup> Feb	Sarah Condon	Desie Matthews
	Friday 16 <sup>th</sup> Feb	Ange Stitt Amy Whitworth Tammy Selim - Training	Need x2
4	Wednesday 21 <sup>st</sup> Feb	Need x1	Need x1
	Friday 23 <sup>rd</sup> Feb	Judith Andrews	Need x2
5	Wednesday 28 <sup>th</sup> Feb	Need x1	Need x1
	Friday 2 <sup>nd</sup> March	Santhe T Emma P.H.	Jo Ford (Amy W. and Tammy S - Training)
6	Wednesday 7 <sup>th</sup> March	Need x1	Nan Moffat
	Friday 9 <sup>th</sup> March	Need x2	Need x2
7	Wednesday 14 <sup>th</sup> March	Need x1	Need x1
	Friday 16 <sup>th</sup> March	Need x2	Need x2
8	Wednesday 21 <sup>st</sup> March	Need x1	Need x1
	Friday 23 <sup>rd</sup> March	Judith Andrews Need x1	Jo Ford Robin Connor - Training
9	Wednesday 28 <sup>th</sup> March	Need x1	Need x1
	Friday 30 <sup>th</sup> March	CLOSED	GOOD FRIDAY
10	Wednesday 4 <sup>th</sup> April	Need x1	Need x1
	Friday 6 <sup>th</sup> April	Need x2	Need x2
11	Wednesday 11 <sup>th</sup> April	Need x1	Need x1
	Friday 13 <sup>th</sup> April	Emma P.H. Need x1	Need x2



# 2018 CANTEEN MENU

## Snacks and drinks

Available WEDNESDAYS (Recess only) and FRIDAYS (recess and lunch)

Canteen opens pending on volunteer availability.

Please contact Ange Stitt on 0409 362 217 to volunteer.

### Snacks (available at all times)

HOT FOOD	Chicken fingers	\$0.50
CHIPS	Grainwaves	\$1.20
	Jumpies (BBQ & Salt & Vinegar)	\$1.00
	JJ Snack chips (various)	\$1.50
	Red Rock (Sea Salt (GF) & Honey Soy)	\$1.50
Fresh bakery treats available sometimes		\$1.50

### Ice Blocks/Frozen Snacks (available at all times)

STICKS	Yogo Snaps	\$0.50
	Zooper Doopers	\$0.50
ICE BLOCKS	Callipos (Raspberry)	\$1.00
	Icy Twists	\$1.20
	Moosies	\$1.20
	Paddlepop	\$1.50
CUPS	Paddlepop Shaky Shakes	\$2.00
	Frozen Greek Yoghurt (Straw/Vanilla)	\$2.50

### Chilled drinks (available at all times)

JUICE	Apple / Orange / Paradise Punch	\$1.50
MILK	Nippys milk – Chocolate / Strawberry (GF)	\$2.00
WATER	600ml plain water	\$1.00
	Focus Playwater – raspberry / lemonade	\$2.00

Special treats will be offered throughout the year for example fruit cups, fresh fruit juices (blended on site), custard cups, fresh fruit smoothies etc however these are

not available each week.

Parents will be notified via the school's facebook page if any specials are on for the week.



# 2017 CANTEEN MENU

## Lunch menu

**Available FRIDAY LUNCHTIME only**

**Orders must be received by the canteen by 9am Friday mornings.**

Please write the order on a paper bag and include money in the bag (Correct change is appreciated). Children place their order in the class tub at the canteen. If necessary, change will be taped to the front of the bag and returned to the child at lunchtime with their order. If no paper bag is supplied, please include 20 cents in the envelope order to purchase one. Thank you.

### **Freshly made burgers, rolls and wraps (all on wholemeal)**

Cheese burger and sauce	\$4.20
Beef burger with cheese, lettuce, tomato and sauce	\$4.50
Chicken wrap with cheese, lettuce, tomato and mayonnaise	\$4.50
Hawaiian Pizza Wrap (Toasted Ham, cheese, pineapple, tomato paste)	\$4.50
BBQ chicken Wrap (toasted fresh chicken, cheese, bbq sauce)	
Grilled cheese bread roll	\$2.50

### **Freshly made/ toasted sandwiches/ wholemeal rolls**

Cheese	\$2.80
Vegemite	\$2.80
Cheese and tomato	\$3.00
Lettuce, cheese and tomato	\$3.20
Ham	\$3.00
Lean ham and cheese	\$3.20
Lean ham, cheese and tomato	\$3.80
Lean ham, cheese, tomato and lettuce	\$4.00
Tuna, lettuce and mayonnaise (added cheese for toasted)	\$3.50
Chicken breast, lettuce and mayonnaise sandwich	\$3.50
<b>Toasted</b>	<b>20c</b>
<b>Bread roll</b>	<b>50c</b>

**GLUTEN FREE BREAD AVAILABLE. PLEASE ADD an extra 50c to the order.**

**Bakery**

Garlic Bread	\$1.50
Low Fat Sausage roll	\$2.50
Lean Beef meat pie	\$3.50
Mini Meat Pie (Snack size - good for infant's children)	\$1.60
Tomato Sauce squeezes	30c

**Fresh Meals** (Locally made and delivered to school. Containing no added sugars, preservatives or additives just good food!)

**SMALL SIZE \$4.50 (Excellent size for Infants)      LARGE SIZE \$5.50**

Honey Soy Chicken and steamed rice (GLUTEN FREE)

Pasta and Meatballs

Penne Bolognaise

### Packaged Meals

Beef Lasagne \$3.80

Warm baked beans (served in a cup) with cheese and a warm bread roll \$3.50

### Finger Food

Chicken fingers \$0.50

Chicken nuggets (Gluten Free) \$0.50

Dino snacks \$0.50

**Brown Paper Bag** (if you do not have one) **20c**

Example of how to fill in a lunch bag ...

NAME ↓

Bob Kidd

2 Gold ← class

↓ order

4 chicken fingers	\$2.00
1 tomato sauce	\$0.30
1 sausage roll	\$2.50
1 apple juice	\$1.50

Total: \$6.30

correct money is appreciated.

CHANGE WILL BE TAPED TO FRONT OF BAG.



# Parking Restrictions Outside Schools

## KIDS LOOK TO US TO KEEP THEM SAFE - PARK LEGALLY IN SCHOOL ZONES

Central Coast Council would like to remind parents of parking restrictions outside your school. Please pay close attention to the signs outside your child's primary school and watch your speed when travelling through all school zones.

### NO STOPPING zone

Stopping is NOT permitted at any time.

### BUS ZONE

Stopping is not permitted during the times shown on the sign.



### DOUBLE PARKING

You are not permitted to stop OR park alongside another vehicle already parked parallel to the kerb. This means do not form a queue in the middle of the lane if you are waiting.

Move on, do a loop and come back.

### NO PARKING zone

Drivers may drop off and pick up children during the times shown on the sign BUT note:

- Maximum stopping time is 2 MINUTES – your child must exit and enter the car within this time.
- Driver must remain within 3 METRES of the vehicle – you may get out to help with bags etc.
- Stop as close as possible to the top of the zone to allow access for vehicles following behind.



**Stopping ON or ACROSS a driveway or other access point to and from a property is not permitted under any circumstance.**

You must always consider the school's neighbours by leaving space at their driveways to allow safe exit and entry to the roadway.

Travelling more than 40 km/hour through school zones may inhibit a car from stopping in time to avoid hitting a pedestrian. Parking illegally also creates serious risks as it limits the vision of other drivers.

It only takes a split second for an accident to occur and only one car to present a danger to an unknowing child.

**Please be aware of the restrictions and park safely outside your child's school.**

For more information regarding parking restriction around your school please contact Council's Road Safety Officers via email at: [roadsafety@centralcoast.nsw.gov.au](mailto:roadsafety@centralcoast.nsw.gov.au)



# SPEND for your SCHOOL

\$8,000 in School Prizes to be won!

Register and submit your receipts at [imperialcentreschoolrewards.com.au](http://imperialcentreschoolrewards.com.au)  
to start collecting points for your favourite school today.

THE SCHOOLS WITH THE MOST POINTS WILL WIN A SHARE IN \$8,000!

1st place  
\$4,000\*

2nd place  
\$2,000\*

3rd place  
\$1,000\*

4th place  
\$700\*

5th place  
\$300\*

From 9am, Monday 5th February  
to 4pm, Sunday 3rd June 2018.

\*Terms and conditions apply. For more information visit Centre Management Office.