Greetings,

**What’s happening in the classroom for Religious Education in 2016**

This year, St Patrick’s School Improvement Plan for Religious Education is aimed at exposing students to, and making them aware of organising and celebrating all aspects of Liturgy; and the role of Liturgy in our Catholic Faith.

Our journey began in Term 2 with our Spirituality Day where teachers were engaged in professional learning around liturgy and the resources available to them to organise and celebrate liturgy in the classroom. Virginia Ryan, Director of Evangelisation and Faith Formation shared her expertise with our staff.

We have invested in new prayer boxes for each classroom that included holy/blessing oil, stoles, new Bibles, various prayer resources and liturgical cloths. A special thank you to Mary Brown (Lucinda Gibbs’ grandmother from 4 Gold) and Helen and Eunice from the Parish Craft group who made the stoles and hemmed the material for our prayer clothes.

We have also been creating Godly Play Boxes to creatively re-enact and proclaim Gospel stories. Research shows that play fosters creativity of thought, imagination, strategies for problem solving and the development of divergent thinking ability.

Godly play kits for Jesus Chooses his 12 Disciples and The Great Flood

In addition to this we are exploring technology such as iPads and Chromebooks for research and multimedia presentations for Religious Education learning; using modern modes of learning that engage student interest.
This term teachers at St. Patrick’s have begun to incorporate Liturgy into Religious Education Learning Experiences connected with the concepts students have been learning about in the classroom. For example, Kindergarten has been learning about Creation and this was the theme for their Liturgical Celebration.

Year 3 Liturgical Celebration
As you can see, great learning experiencing are happening and I will continue this conversation about our Religious Education goals and learning with you in our next Newsletter!

Sacrament of Reconciliation
Blessings to all the child from St Patrick’s School and Parish who received God’s great love, forgiveness and mercy on Wednesday evening when they made their First Reconciliation. A big thank you to Margaret Eadie, the Parish Sacramental Coordinator and all the volunteers who lead classes for the children, including Ms Jade Conwell, Mrs Adele Toomey and Mr David Cassells (Mrs Lauren Lewis’ father). A big thank you to Father Tadeusz, Father Roman and all the Priests who helped us celebrate this beautiful Sacrament. It is wonderful to have such a strong and seamless connection between our School and Parish.

Sacrament of First Eucharist
Next term children from Year 3 to Year 6 who have been Baptised and made their Confirmation and Reconciliation will begin preparations to journey towards the Sacrament of receiving the Body and Blood of Jesus Christ in First Holy Communion. The Parent Information Night is in Term 4 on Wednesday the 19th October 2016. If you have any queries please feel free to contact either myself or Colleen from the Parish Office on 4325 1042.

Marian Celebration
Next term St Patrick’s will be having a Marian Celebration as October is the month of the Rosary. On Friday the 28th October 2016 we gather as a school community to pray the Rosary in the Church. You are all most welcome to join us; in fact your presence makes this occasion even more special. In past years we have asked children from different cultures to lead us in praying a decade of the Rosary in their native language. If you would like to be part of this, could you please either call me on 4325 1159 or email me directly at jacqui.fletcher1@dbb.catholic.edu.au

What’s on:
- Year 5 Parish Family Mass, Sunday the 18th September 2016, 9.00am
- Marian Celebration, Friday the 28th October 2016 (Term 4)

Go gently with Christ
Jacqueline Fletcher, Religious Education Coordinator
FROM OUR PRINCIPAL…………..

Dear Parents and students,

What a wonderful night last Wednesday’s Concert was for everyone involved. The feedback I have received from parents, teachers and students has been all very positive about the experience and that it is something everyone would like to continue.

Once again a very big thank you to Michelle Vane Tempest, Susan Morris, Libby Howard, Stuart Smith, the class teachers and support staff and all the parents who volunteered for so many things to ensure the night was so successful. We welcome your feedback on the concert - please email Suzie Morris at susan.morris@dbb.catholic.edu.au

We are trying to organise a date for Term 3 2017 but St Edward’s is a very busy place and we might have to look for another venue.

WELLBEING WEEK: Healthy Me!
Next week is our Wellbeing Week at school and this term we are focussing on ‘Healthy Me and a Healthy Environment’.

Healthy Me: we are encouraging students to bring in a healthy lunch box each day - fresh food (apples, veg sticks, sandwiches etc) as opposed to packaged foods (chips, lollies, snack bars etc). Feeding our body and brain with foods to help with concentration and learning (see the flyer on the following pages). We will also be incorporating daily fitness to get our bodies moving.

Healthy Environment: we can look after our environment by reducing the amount of packaging on the foods in our lunchbox - Nude Food! This not only reduces the litter on our playground and in our bins but also encourages a healthy lifestyle through food choices.

More information: Each day we will be emailing families with information on healthy lunch box choices - keep an eye out in your inbox!

Have a Cuppa: for the parents, we will have the ‘Coffee Van’ available on on the Infants side on Tuesday morning 20th September from 8-8.45am - pop in for a free coffee and a chat.

Peer Support will begin next week—with training starting today for Year 6.

St Patrick’s Speech Day will be held next Friday after recess in the Hall. We are looking forward to listening to the winners who will be presenting their winning speech and receiving a medal. Congratulations to:

K-3 A (ASPECT) Winner Zoe Wilson Runner Up Antony Vrkc
Kinder Winner Thomas Stitt Runner Up Sienna Chadwick
Year 1 Winner Remi De Toffal Runner Up Isabella Austin
Year 2 Winner Lily Scholte Runner Up Isaac Plunkett
Year 3 Winner Emily Shaddock Runner Up Rania Kurian
Year 4 Winner Grace Harrington
Year 5 Winner William Shaddock Runner Up Emma Cormack
Year 6 Winner Mahidi Ranasinghe Runner Up Susanna Palmer
5Aqua (ASPECT) Winner Ruby Wylie Runner Up Channing Huang

Term 4 is fast approaching and before we know it, it will be the end of the year. The P & F have some things planned for Term 4, so look out for them in the coming weeks. I am taking three weeks Long Service Leave at the beginning of Term 4. Miss Perry will be in charge once again during my absence, but I will be back!! I hope that you all have a great holiday at the end of next week,

Take care and God Bless
Cheryl Walsh
We have a few things happening in term 4
- A Walkathon to raise funds to begin air conditioning the classrooms
- Our Kindergarten 2017 Transition Program Friday 4th, 11th, 18th and 25th November
- Year 5 Camp 16 – 18th November
- Years 1 & 2 Swimming Program
- Year 6 Graduation Mass 1st December
- Academic Assembly 9th December
- Combined School and Parish Carols Night 15th December
- End of Year Mass 16th December

Changing Schools??
It is getting to that time of the year when we ask Parents if they are planning to change schools in 2017 to let us know. Could you please inform the school office in writing, if you have any changes for 2017 by 11th November. If you are intending to change

SPORT REPORT - Ms Fiona Bolton

Polding Athletics
Congratulations to Lisette Scott and Susanna Pallmer who represented Polding at Newcastle last Friday. Although a bit weary from the previous night's concert the girls did well achieving some personal bests. We are very proud of them.

Netball Gala Day
Congratulations to all students from years 3 -6 who participated in the CCC Netball Gala Day at Wyong on Tuesday. The weather was perfect and the students participated with enthusiasm and effort. Some teams won all their games, some won a few and some didn't win any but there was still smiles on all their faces at the end of the day.

Congratulations to the Year 6 boys team who won their division upholding a long standing tradition and to the Year 6 Division 2 girls who came runners-up. Many thanks to the parents who helped manage and umpire the teams.
GREAT FUN AT THE NETBALL GALA DAY

Below is a report from Rebecca Nicholls who managed and umpired the Year 6 Boys team

To the Dynamo’s, (aka Christian, Angus, Thommo, Emmet, Jake, Hamish, Chris, Jett, Jai & Brodie)

J Thank you boys, Mr Dobb and Mrs Bolton for giving me the opportunity and may I say the ‘absolute honour’ to watch you execute what it takes to make a great team!

It was a pleasure to take part in your netball school gala day. I was presented with 10 boys who were ready and eager yesterday morning to do their best with a smile on their face and undoubtedly with a winning agenda up their sleeve.

I was blessed with an outstanding group of individuals with brilliant skills and hidden ‘netball’ talent. Jake was our go to shooter, he was always under the post ready to reward the team with a deserving goal, and when needed come out and take a pass when under pressure. Jett assisted in shooting as GA and feed the ball extremely well and was very fast in the mid court, getting a lot of loose ball and backing up as WA and WD. Thommo was a fantastic mid-courter, superfast and seemed to be everywhere getting tips and intercepts from nowhere and turning the ball around. Jai was a great settling C and WA, WD, keeping the flow of the game brilliantly as C and knowing exactly where to be. Chris was a great player and I could of put him anywhere, and with his height he was most effective in the circle shooting or defending, and calm under pressure.

Now I knew with Hamish, when I was warming up before the game that he would be a great defender, he wanted the ball at any cost, and he proved me right making a most effective goal defender. Brodie I could of put anywhere on the court as he was an impact player, I believe WD is one of the most important positions and my favourite and he played it perfectly. Angus was another natural talent that could be put anywhere on the court, he could attack or defend effortlessly and kept the ball moving at a fast pace that it was hard to defend. Christian has perfect timing and can read the play before it happens, with his natural dexterity he made it so hard for the opposition to score a goal. Then there is Emmet, of course he could of played better, of course I am kidding, Emmet you obviously have natural ability, as you get it from your Mum. Kidding again. Emmet you played so well, in whatever position, you take up good space and make it impossible for them to get the ball past you with your great leap and you can shoot too, very proud of you.

I am so proud of ALL of you not only because you were undefeated for the day and were the CHAMPIONS! More importantly that you were so agreeable and were happy to play anywhere and act for the good of the team! These are all fantastic attributes that made it such a breeze to assist with managing you for the day. Having Mr Dobb on your team makes it all the more enjoyable, a special shout out and massive thank you to Mr Dobb and also Fiona Bolton for making it all happen, which is no easy feat.

Kindest regards,
From a very proud manager/ parent,
Beck Nicholls
Chorestra Fun and Games: Instead of singing this week, I treated the choir to a little party to celebrate all our hard work so far this year. Between our Masses, workshop at St Joseph’s, Choral Day and in school performance we have been flat out learning new repertoire and learning to sing together. So today we played a few games, shared food and celebrated each other. What a great bunch of Year 3, 4 and 5 students!

THE CONCERT ........

What a fabulous night we had at the concert! Thank you to everyone who helped put together a great evening for the kids to shine on stage and work together to entertain our school community. Here are some photo highlights on the next two pages
Lovely The Musical

St Patrick’s Musical Performance 2016
Oh What a Night
St Patrick’s Musical Performance 2016
Yellow Bellied Glider Expo

Year 4 has spent Term 3 learning about the Yellow Bellied Glider in an integrated unit of work. They have visited Taronga Zoo and Kincumba Mountain to learn about this vulnerable species. The culmination of this learning is an Expo where students showcase a product or performance to raise awareness of the vulnerability of the Yellow Bellied Glider to the local community.

Year 4 presented their learning to the school and parents this Friday and on Monday will join with Holy Cross, Kincumber for Expo Day. Their products will then be sent to various businesses around the Coast to showcase their work and raise community aware.

Be sure to visit one of the locations throughout the holidays to view the students learning.

- Westpac Bank, Kincumber Shopping Village
- McDonalds, Kincumber
- Gosford City Library
- Erina Library
- Cinema Paradiso, Ettalong
- Gloria Jeans, Gosford
- St Patrick’s School Website
- Yellow Belly Glider Website
2 Gold at Elizabeth Ross Park. This was a prize won by Bonnie’s mum from the trivia night. They had lots of fun climbing and playing with the bubbles.

SHOE LACE TYING DEMO
From the P&F …

Finals Footy Day & Meal Deal

Thanks to all the families who have supported our Footy Finals meal deal! Next Friday, to coincide with the end of term and the “Finals” season we are asking children and staff to wear their team colours and donate $2.00 to our next project—raising funds for air conditioners in our classrooms! All funds raised on the day and the profits of our meal deal will go directly to this project. Thanks to Ange Stitt for coordinating the day and all our wonderful canteen volunteers.

VIP shopping night – Casey’s Toy Warehouse.

Save the date! Tuesday 11th October 6.00pm – 8.00pm. We have booked a VIP shopping night at Casey’s, Erina. Casey’s will open up their store after hours and provide champagne and nibbles whilst allowing us to do some early Christmas shopping. A fun filled evening guaranteed plus lots of opportunities for specials and spot sales. Our school then receives 20% of the takings in voucher form which we can utilise for our Christmas raffle! To book your spot, please contact Rachael on rach380@hotmail.com or 0421 048 099. Please see flyer for more details.

Wishing everyone in our school community a safe and happy holiday.

THE P&F OF ST. PATRICK’S INVITES YOU TO COME CHRISTMAS SHOPPING AT CASEY’S TOY & HOBBY WAREHOUSE TO RAISE MONEY FOR AIR CONDITIONING IN OUR CLASSROOMS

Tuesday 11th October (Week 1, Term 4)

6.00 - 8.00 PM

RSVP by Friday 7th October to Rachael - rach380@hotmail.com or 0421 048 099

Please note - children over 12 months are not permitted to attend due to the serving of alcohol.

ICAS: International Competitions and Assessments for Schools

Students from St Patrick’s participated in ICAS English earlier this term and achieved great results. Those children whose achievements were outstanding were rewarded with certificates of Distinction, Credit and Merit.

Bellana in 6B and Abby in 5B received certificates of Distinction; certificates of Credit were awarded to Mahidi and William in 6G, Gemma, Shruthika and Brodie in 6B, Spencer and Isabella in 5B, Emma in 5G, Juaan Jose in 4G and Anish Gauer in 3B; certificates of Merit were awarded to Andy in 5G, Ella in 5B, Abby in 4B and Matthew in 4G.

Fantastic results for all these children.

Carmen Hartz, Teacher Librarian
ST. PATRICK’S 2ND HAND UNIFORM SHOP

Opening dates for 2016
8.30am – 9.30am

Located near the music room on the primary side
Please continue to send clean uniform into
the school office, your donation is always appreciated.

“CASH ONLY”

Call Fadia on 0412455511 or the school office 43851159

ERICA DASH PODIATRY

225 Central Coast Highway
ERINA NSW 2250
Phone: 4367 0177
Fax: 4367 0351

Erica Dash Podiatry was pleased to assist and attend the Lace Lessons at St Patrick’s Catholic School with Blake Mitchell from Ascent Footwear and Levi McFadden from Athletes Foot.

Erica Dash Podiatry conveniently located in Erina offers solutions to many foot issues and ailments that growing children may have.

Our team of podiatrists are willing to answer questions and help your child’s foot pain/problems.

Call us today for your solution 4367 0177

Learn to play the
keyboard
@ St Patrick’s

learn to play | read music | interesting repertoire
have fun | solo | ensemble groups | performances

Contact the Central Coast Conservatorium of Music
for one-on-one lessons with tutor Sharon Hutton:

Contact private tutor Lily Nauft for group lessons:
Mobile: 0412563171 and Email: lilyauft@yahoo.com.au

Learn to play the
guitar
@ St Patrick’s

learn to play | read music | interesting repertoire
have fun | solo | ensemble groups | performances

Contact the Central Coast Conservatorium of Music
for group lessons with tutor Steve Silvey:
or contact Steve Silvey on 0430 009 556

Contact private tutor Greg Taylor for lessons:
Mobile: 0405309840 and Email: blueroo@bigpond.com

Central Coast Wetlands – Pioneer Dairy
THREATENED SPECIES DAY

Sunday September 25th 10.30 – 2.30pm

✔ Hear about the history and wildlife on site
✔ Visit the Dairy Cottage tea rooms
✔ Sausage sizzle
✔ Jumping Castle, Combat Archery
✔ Free guided walks through our bush corridors
✔ Australia Walkabout Wildlife Park
native animal presentation
✔ Boomerang throwing
✔ Native plant sales and markets
✔ Live music and face painting

Where: 1897 South Tacoma Rd, Tuggerah
(Approx. 25 m on the right after going under Railway Bridge)

Find us on Facebook or email pioneerdairy@outlook.com for more information
FOUND
iPad – found it in the hall last week. Please call the school office
Silver ring
Silver Bracelet

LOST
Shania 3G has lost her winter jumper if found please return.
Camera & Case lost at Fathers Day Breakfast

Pastoral Associate Position: Holy Cross Parish Kincumber is looking to employ a person part time for a new pastoral associate role as the New Parishioner Engagement Coordinator. This person will work with Fr Jim McKeon and the parish team to: oversee an enhanced infant baptism program with emphasis on welcome and evangelisation, welcome new parishioners, develop welcoming materials and information, engage with new parents at Holy Cross School, and a range of other ministry activities. The successful applicant will have a personal Catholic faith and ability to articulate personal Christian discipleship, an understanding of young families, an understanding of processes of faith development and evangelisation, and relevant experience, theological or pastoral qualifications or the willingness to attain them. The position is permanent part time for 16-20 hours a week, with flexible, family-friendly hours but requiring some weekend and after hours work. Pay is according to CCER’s pastoral associate rates, commensurate with qualifications and experience. Contact the parish office on 4369 1211 or kinpar@hotkey.net.au for a full position description. Applications close October 5th.
TERM 4 CANTEEN ROSTER

One volunteer is required on Wednesdays for EACH canteen and two volunteers are required for each canteen on Fridays. Please call Ange Stitt 0409 362 217 if you would like to help. Thank you 😊

<table>
<thead>
<tr>
<th>Term 4 Wk 1</th>
<th>Infants</th>
<th>Primary</th>
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<tbody>
<tr>
<td>Fri Oct 14th</td>
<td>Katie Ercan</td>
<td>Deidra Robertson</td>
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<td></td>
<td>Katrina Lavictoire</td>
<td>Amanda North</td>
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<tr>
<td>Week 2</td>
<td>Wed Oct 19th</td>
<td>Michelle Greenwood</td>
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<td>Fiona Verolin</td>
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<td>Fri Oct 21st</td>
<td>Deidra Robertson</td>
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<td>Lisa Haynes</td>
<td>Aimee Sands</td>
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<td>Ange Stitt</td>
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<td>Week 3</td>
<td>Wed Oct 26th</td>
<td>Rhonda Vallely</td>
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<td></td>
<td>Amy Horrigan -Hopson</td>
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<td>Fri Oct 28th</td>
<td>Jo Ford</td>
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<td>Katie Ercan</td>
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<td>Ange Stitt</td>
<td>NEED XI</td>
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<td>Week 4</td>
<td>Wed Nov 2nd</td>
<td>Annabel Cockerton</td>
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<td>Fiona Verolin</td>
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<td>Fri Nov 4th</td>
<td>Joslyn Botelho</td>
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<td>Aimee Sands</td>
<td>Hajni Kevi</td>
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<td>Ange Stitt</td>
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<td>Week 5</td>
<td>Wed Nov 9th</td>
<td>Lisa Nix</td>
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<td></td>
<td>Judy Andrews</td>
<td>Amanda North</td>
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<td>Santhe Titheradge</td>
<td>Jo Ford</td>
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<td>Week 6</td>
<td>Wed Nov 16th</td>
<td>Rhonda Vallely</td>
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<td>Joanne Locke</td>
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<td>Fri Nov 18th</td>
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<td>Rach Playle</td>
<td>Hajni Kevi</td>
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<td>Ange Stitt</td>
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<td>Week 7</td>
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<td>Fri Dec 2nd</td>
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<td>Katie Ercan</td>
<td>Hajni Kevi</td>
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<td></td>
<td>Judy Andrews</td>
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<td>Week 9</td>
<td>Wed Dec 7th</td>
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<td>Annie O’Shea</td>
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<td>Michelle Cormack</td>
<td>Deidra Robertson</td>
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<td>Katie Talbot</td>
<td>Jo Ford</td>
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<td>Week 10</td>
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<td>Amy Horrigan -Hopson</td>
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<td>Fri Dec 16th</td>
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<td>(Last day of school)</td>
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<td>CLOSED</td>
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Australian Guide to Healthy Eating

Enjoy a wide variety of nutritious foods from these five food groups every day.

Grain (cereal) foods, mostly wholegrain and/or high cereal fibre varieties

- Wheat flakes
- Muesli
- Rolled oats
- Polenta
- Quinoa
- Perina
- Fettuccine

Vegetables and legumes/beans

- Red kidney beans
- Red lentils
- Chickpeas
- Frozen vegetables

Lean meats and poultry, fish, eggs, tofu, nuts and seeds and legumes/beans

- Mixed nuts
- Lentils
- Chickpeas
- Red kidney beans
- Penne
- Fettuccine
- Soy drink
- Chicken
- Fish
- Tofu
- Nuts

Milk, yoghurt, cheese and/or alternatives, mostly reduced fat

- Low fat milk
- Yoghurt
- Cheese

Use small amounts

- Alcohol
- Soft drinks
- Savoury snacks
- Biscuits

Only sometimes and in small amounts

- Fatty foods
- Processed meats
- Sugar

Drink plenty of water.
<table>
<thead>
<tr>
<th>Sunday 24 September</th>
<th>Monday 25 September</th>
<th>Tuesday 26 September</th>
<th>Wednesday 27 September</th>
<th>Thursday 28 September</th>
<th>Friday 29 September</th>
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<tbody>
<tr>
<td><strong>Fairy Garden</strong></td>
<td><strong>Wild About Reptiles</strong></td>
<td><strong>Stories at the Gallery</strong></td>
<td><strong>Nature Craft</strong></td>
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<td>Gosford Library</td>
<td>Kincumber Library</td>
<td>Wild about Whales</td>
<td>Umina Library</td>
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<td>Create your own scarecrow and mini garden using paddle-pop sticks.</td>
<td>Matthew Goodall</td>
<td>Join us in the garden for craft and explore the plants of the sea.</td>
<td>Try your hand at pressing flowers and leaves to use in craft projects.</td>
<td>Create your own scarecrow and mini garden using paddle-pop sticks.</td>
<td>Join us for an afternoon at the library.</td>
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<td>Ages 4-12 years</td>
<td>Ages 4-12 years</td>
<td>Ages 6-11 years</td>
<td>Ages 7-12 years</td>
<td>Ages 4-12 years</td>
<td>Include a creative experience.</td>
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<td><strong>Flora and Fauna</strong></td>
<td><strong>Flora and Fauna</strong></td>
<td><strong>Knit omnibus Library</strong></td>
<td><strong>Knit omnibus Library</strong></td>
<td><strong>Knit omnibus Library</strong></td>
<td><strong>Game Development Workshop - Hands On</strong></td>
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<td>Kibble Park, Gosford</td>
<td>Storytime in the Park</td>
<td>Library Auditorium</td>
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<td>In conjunction with the library.</td>
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<td>10.30am-11.30am</td>
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<td>2pm - 4pm</td>
<td><strong>Learn to Crochet with CMY</strong></td>
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<td>Ages 4-8 years</td>
<td>Ages 4-8 years</td>
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<td>Kincumber Library</td>
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<td><strong>Bookings required</strong></td>
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<td>10am - 11.00am</td>
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<td><strong>Scaredy Scarecrows</strong></td>
<td><strong>Scaredy Scarecrows</strong></td>
<td><strong>Wild Thing Storytime</strong></td>
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<td>10am - 11.30am</td>
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<td>Sessions $45 per session</td>
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<td>Create your own scarecrow and mini garden using paddle-pop sticks.</td>
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<td><strong>Beginners</strong></td>
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<td>Ages 4-12 years</td>
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<td>Umina Library</td>
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| All children must be accompanied by a responsible adult. Siblings are welcome to attend and will be provided with a simple craft. Please only book spaces for children in the recommended age groups. 
Bookings can be made online at: www.wildatyourlibrary.com or by phoning 4927 7727. | All children must be accompanied by a responsible adult. Siblings are welcome to attend and will be provided with a simple craft. Please only book spaces for children in the recommended age groups. 
Bookings can be made online at: www.wildatyourlibrary.com or by phoning 4927 7727. | **Learn to Crochet with CMY** | **Learn to Crochet with CMY** | **Learn to Crochet with CMY** | **Learn to Crochet with CMY** |
| **Umina Library** | **Umina Library** | Kincumber Library    | Kincumber Library    | Kincumber Library    | Kincumber Library    |
| 2pm - 4pm           | 2pm - 4pm            | 2pm - 4pm            | 2pm - 4pm             | 2pm - 4pm            | 2pm - 4pm            |
| Learn to Crochet with CMY | Learn to Crochet with CMY | Learn to Crochet with CMY | Learn to Crochet with CMY | Learn to Crochet with CMY | Learn to Crochet with CMY |
| Ages 6 - 12 years   | Ages 6 - 12 years    | Ages 8 - 10 years    | Ages 8 - 10 years     | Ages 8 - 10 years    | Ages 8 - 10 years    |
| **Bookings essential** | **Bookings essential** | **Bookings essential** | **Bookings essential** | **Bookings essential** | **Bookings essential** |
| **Targeted Board Games** | **Targeted Board Games** | **Targeted Board Games** | **Targeted Board Games** | **Targeted Board Games** | **Targeted Board Games** |
| **Umina Library** | **Umina Library** | **Umina Library** | **Umina Library** | **Umina Library** | **Umina Library** |
| 2.30pm - 3.30pm     | 2.30pm - 3.30pm      | 2.30pm - 3.30pm      | 2.30pm - 3.30pm        | 2.30pm - 3.30pm      | 2.30pm - 3.30pm        |
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**Central Coast Council Library Services**
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<tr>
<th>ACTIVITY</th>
<th>Age/Year</th>
<th>Cost</th>
<th>Date/Location</th>
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<tbody>
<tr>
<td><strong>ARCHERY (INDOOR)</strong> — Get on target &amp; challenge the kids with this great Olympic sport. 10am-12pm or 1pm-3pm</td>
<td>8-15 years</td>
<td>$20</td>
<td>Tuesday 4 October, Gosford</td>
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<td><strong>CANOEING/KAYAKING</strong> — Experienced guides will ensure safety is the number one priority, followed closely by lots of fun. Participants must be able to swim 50 metres. 10am-12:30pm</td>
<td>10-16 years</td>
<td>$33</td>
<td>Tuesday 4 October, Avoca Lagoon</td>
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<td><strong>GYMNASTICS INTRODUCTION</strong> — 2 day program (Indoor). This introductory program includes basic fundamental movement and gymnastic skills will be taught which would include specific apparatus safety in a fun and friendly environment with accredited coaches. 8am-2pm (2 hour program in total)</td>
<td>5-12 years</td>
<td>$30</td>
<td>Tuesday 4 October, Berkeley Vale</td>
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<tr>
<td><strong>PARKOUR (INDOOR)</strong> — is a non-competitive physical discipline of training to move freely over and through any terrain surface using only the ability of the body, principally running, jumping, climbing improving attributes required for movement which include functional strength, fitness, balance, spatial awareness, agility, co-ordination, precision, control and creative vision. When booking, please advise your child's experience (1 and up) with Parkour. 3-5pm (2 hour program in total)</td>
<td>7-12 years</td>
<td>$20</td>
<td>Monday 26 September or Tuesday 4 October, Berkeley Vale</td>
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<tr>
<td><strong>SAILING</strong> — 3 day program. Join in on the fun on the water and learn to sail. Catering for beginners to advanced, this program is taught by Yachting Australia Instructors on dinghies. Participants must be able to swim 50 metres. 9:30am-3:30pm (18 hours in total)</td>
<td>7-16 years</td>
<td>$195</td>
<td>28, 29 &amp; 30 September (Wed-Fri) or 5, 6 &amp; 7 October (Wed-Fri), Gosford Sailing Club</td>
</tr>
<tr>
<td><strong>SURF LIFE SAVING</strong> — Kids will learn about beach and surf recreation whilst having loads of fun. 10am-2pm. (Parents must be at beach by 2pm to pick up participants)</td>
<td>8-15 years</td>
<td>$20</td>
<td>Friday 7 October, Terrigal Beach</td>
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<tr>
<td><strong>SURFING</strong> — Learn to surf with Central Coast Surf School in a fun, safe environment with professional experienced instructors. Soft surfboards, wetsuits, rash vests and sunscreen are supplied. You’ll be stoked with your progress in our 3-day course. (4.5 hours in total)</td>
<td>7-16 years</td>
<td>$95</td>
<td>28, 29 &amp; 30 September or 5, 6 &amp; 7 October at Umina or Avoca Beaches (Wed-Fri - times vary at both beaches. Please check on booking)</td>
</tr>
<tr>
<td><strong>STAND UP PADDLE</strong> — It’s fun and easier than you think. Within just one lesson, we will have you up and paddling. This program is jam-packed with useful tips and techniques so you quickly gain skill and confidence. 10:30am-12:30pm</td>
<td>11-16 years</td>
<td>$33</td>
<td>Wednesday 5 October, Avoca Lagoon</td>
</tr>
<tr>
<td><strong>TENNIS GOSFORD</strong> — 3 day program. This great value clinic for 5 to 16 year olds is run by experienced coaches from Gosford Tennis Centre and cater for all levels. It doesn’t matter whether you have never played or if you want to improve your skills. This clinic covers all aspects of the game including court etiquette, the different shots (forehand, backhand, volley etc) and learning the rules, matchplay and scoring. Lunch is included each day. If torrential rains or extreme heat (38 degrees &amp; above) is predicted, the program will go ahead, however, we will do our best to contact clients beforehand to see if they would like to still attend on that day of the extreme weather event. If not, a partial refund may be offered. 8am-3pm (18 hours in total for 3 day program)</td>
<td>5-16 years</td>
<td>$130</td>
<td>28, 29 &amp; 30 September (Wed-Fri)</td>
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