Greetings,

Welcome back for Term 3. I trust you all enjoyed your holidays and feel rested and rejuvenated. It's lovely to see the children return with happy faces, excited to see how each other are!


What do you think of when you see the ✨ symbol? You think of Nike. Nike is one of the world’s leading manufacturers of sport's equipment. At one time, they were just known as a running shoe company, but now they make sports equipment for just about every sport you can imagine. Probably just about everyone in the world would recognise this Nike symbol.

Whenever we think of Nike, we also think of their slogan, "Just Do It!" What does that mean? Well, since Nike is in the business of making sports equipment, it means that when it comes to sports, don't talk about it -- just do it!

One day Jesus was with his disciples and they asked him to teach them how to pray. Jesus didn't say, "Well, first you get down on your knees, like this; then you fold your hands like this; then you close your eyes; and then you start to pray. After giving them a sample prayer, he said to them, "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks, finds; and to him who knocks, the door will be opened." In other words, Jesus told his disciples that the most important rule of prayer is… "Just Do It!"

When we come to church, we talk a lot about prayer, don’t we? When someone is sick, we say, "We need to pray for the sick." When someone is having financial problems, we say, "We need to pray for the poor." When there is war in the world, we say, "We need to pray for peace." We talk a lot about prayer, but what we really need is to "Just Do It!" In fact, I think we should stop talking about it right now -- and "Just Do It!"

> Dear Father, we ask you to heal those who are sick, we ask you to provide food for those who are hungry, we ask you to bring peace where there is war. We ask these things because you are the one who gives us every good gift, and you have told us that everyone who asks receives. In Jesus’ name we pray, amen.

© Sermon4Kids, Adapted by Miss Fletcher
Grandparent’s Day Mass

We are celebrating Grandparent’s Day on Friday the 29th July 2016 and invite all grandparents, great-grandparents, adopted-grandparents and soon to be grandparents to our school. We will begin the day with open classes from 8.15-8.45am where you can go and see the wonderful work and learning that happens inside the classrooms. At 9.00am we will celebrate with a Whole School Mass immediately followed by a special morning tea in the hall and an assembly.

We are hoping to have a few of our Kindergarten grandparents’ process in at the beginning of the Mass holding the hand of the Kindergarten child. If your child is in Kindergarten and their grandparent can be there to walk in with them at the beginning of Mass, please email me at jacqui.fletcher1@dbb.catholic.edu.au. Please ask the grandparent to meet at the front of the Church prior to Mass.

Year 5 and Year 6: Pilgrimage to the Holy Door

At the end of the last term our school leaders had a wonderful experience of heading to the St Joseph’s Spirituality Centre to walk in the footsteps of St Mary of the Cross, MacKillop. We walked on a pilgrimage from the shores of the river up to the historic Church, where we prayed, entered the Holy Doors as opened by Bishop Peter Comensoli and celebrated a Eucharistic Mass. After Mass we explored the grounds of the Church which was a really special experience. Thank you Father Tadeusz for journeying with us!

Sacrament of Reconciliation

This term, those children who are 8 years old or older and have been Baptised and Confirmed will be able to make the Sacrament of Reconciliation; receiving God’s great love and forgiveness. It makes it extra special for those children, particularly as we are in the Year of Mercy. Last term Enrolment forms went home and the Parent Information Session for the Reconciliation Program is on Wednesday the 10th August 2016. If you have any questions or queries about you or your child making this Sacrament, please do not hesitate to contact either myself or Colleen from the Parish Office on 4325 1042.

What’s on:

- Week 1, Friday, NAIDOC Week Liturgy in the Hall, 9.00am
- Week 2, Friday, Grandparent’s Day Mass, 9.00am followed by morning tea in the Hall and a whole school assembly.
- Year 3 Family Mass, Sunday the 31st July 2016

May Christ’s peace be with you all!

Jacqueline Fletcher
Religious Education Coordinator
FROM OUR ASSISTANT PRINCIPAL, MICHELLE PERRY

Welcome back to school everyone as we embark on a very busy Term 3. This term is jammed packed with lots of exciting learning opportunities. I know Year 4 are working feverishly on their Yellow Bellied Glider Projects and are looking forward to working with their high school mentors. We have the Surf Life Savers at school on August 5th to teach the children about safety at the beach and the Life Education Van is visiting the school in weeks 6 and 7. The children will be participating in their class speech competition this term and of course the school concert takes place in week 8, 7th September. Sporting opportunities this term include the Netball Gala Day, CCC Athletics and the BB Athletics. Other celebrations include our NAIDOC liturgy we held today, our Grandparents Mass and morning tea next Friday at 9am and the big Fathers’ Day Breakfast and Mass. Today you will receive your child’s term overview that explains what content is being covered this term. If you have any questions about the curriculum or your child’s learning, please make an appointment to discuss these concerns with your child’s teacher.

A reminder that Wednesday 10th August is School Photo Day. Children need to wear their full winter uniform. In the case of girls wearing tights or socks, could everyone please ensure that all the girls are wearing socks, NOT TIGHTS, just for the day. Also everyone needs to be wearing BLACK leather school shoes. Envelopes will be sent home next week. Please return them on the day of the photographs—Wednesday 10th August. If you would like a sibling photograph, please collect a sibling form from the office. Packages range between $23 - $42

This week we sent home a flier about a fantastic program called “Tuning into Kids”. We only have limited places, so if you would like assistance your child’s emotional intelligence, please leave your name at the office ASAP. You need to attend all six sessions as they all build upon each other. This program has come highly recommended to us and is run by qualified personnel from Catholic Care. If you would like to help your child be more resilient, better behaved, able to deal with conflict, and manage their emotions better, then this is the course for you.

These are a couple of photos from our NAIDOC celebration. Thank you Gabby and Jacinta for sharing your story with us. The children really enjoyed the smoke ceremony, didgeridoo playing, singing and dancing.
From the P&F ...

Trivia night

Thanks to all those that supported our annual trivia night at the end of last term. It was a great night and the hosts did a fabulous job.

Many thanks to Ange Stitt for coordinating the prizes this year. Once again our school community, local businesses, tourist attractions and big business donated many prizes. Our silent auction was also a great success with many school based activities for our children up for grabs.

Our total profit for the event was $2966.50 - our best ever! These funds will go towards the next P&F project.

Term 3 meeting

Save the date! Our term 3 meeting will be held on Wednesday 24 August at 7pm in the LARC. Please email any items for the agenda to Nicole Patrick -speg@dbb.catholic.edu.au by Friday 19 August.

Canteen

Thanks to all those who answered our call to work in the canteen this term. Great to have some new faces behind the counter. The children really do appreciate your time. Thank you for your support.

FROM THE MUSIC ROOM with Mrs Suzie Morris

Save the Date! St Patrick’s Production of ‘Lovely’ is on Wednesday 7th September 6:30pm. There will be drama and dancing, celebrations and tragedy, love and laughter and we look forward to putting on a show for you! Show details and information about costumes will be sent home in the next few weeks.

We will need the assistance of parents with costumes, props and some organisation. If you are a keen sewer, washer, screen printer, painter, or all around handy person please send Suzie Morris an email at susan.morris@dbb.catholic.edu.au (if you haven’t already) and we can allocate you a job - many hands!!

‘Chorestra’ at the Central Coast Catholic Primary Schools’ Choral Day - Rehearsals are well underway with ‘Chorestra’ (St Pat’s choir) for our involvement in the 4th Central Coast Catholic Primary Schools’ Choral Day. The date is Friday 19th of August at St Peter’s College, Tuggerah. We will sing with Catholic school choirs from across the Central Coast Catholic culminating in a special performance for parents and friends in the afternoon. More information and a permission note will be sent home shortly. We hope to see you there!

LOST & FOUND

LOST - Darragh McBride from 2G has lost his school jacket with his name inside — please check and if found please return to school.

FOUND - Girls Silver Charm Bracelet. Please phone Maria 4325 1159 if it is yours.
**“WILD FOOD EXPERIENCE HOSTED BY JAKE CASSAR”**

Hosted by Fairhaven Services, this is an outdoor dining experience not to be missed!

After the sell-out success of the inaugural event in May, Fare Cravin cafe’s chef, James Gould, teams up again with local bushcraft expert and musician Jake Cassar, for an outdoor dining event under the gum trees at Fairhaven, Point Clare.

**Tickets $70pp**

Find a cosy spot by the braziers and settle in for some entertaining bush craft story telling and wild food tasting led by Jake....

Work up an appetite for a formal sit down 5 course dinner at a harvest table incorporating native ingredients, dining under the stars... A mouth watering menu awaits! Designed by chef James and served by our dedicated wait staff team...

Jake will provide a musical serenade soundtrack to the evening with vocals, guitar and didge playing. BYO.

Proceeds from this event go toward supporting people with disability at Fairhaven Services, Pt Clare.

https://www.facebook.com/events/1613488602276347/  Selecting "Going" on Facebook will not reserve you a seat, but it will share the event information with your friends (thank you for sharing!).

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**LARC & Library Term 3 Overview**

In Term 3 we will be celebrating Book Week by investigating the theme of Book Week “Australia: Story Country” and sharing the 2016 Short Listed Early Childhood and Picture Books with the children. It is hoped that through various activities the children will:

- Develop as a community of readers
- Read, respond and recommend books for reading
- Immerse themselves in texts, written and visual, related to Book Week.
- Appreciate the types of books authors and illustrators write and/or illustrate and the audiences they write/illustrate for
- Learn about authors and illustrators through their work
- Respond to key features in visual artworks and become more aware of a variety of visual art forms, styles and contexts
- Create imaginative visual artworks inspired by the Book Week Theme and the short listed Early Childhood and Picture books
- Appreciate the images in Early Childhood and Picture books as art forms.

We will be celebrating Book Week with a Book Fair in the LARC and “Fair Dinkum” a book week performance for the children in week 7 (29th August-2nd September).
ST. PATRICK'S 2ND HAND UNIFORM SHOP

Opening dates for 2016

8.30am – 9.30am

Please continue to send clean uniform into
the school office, your donation is always appreciated.

CASH ONLY

Call Pat on 0412435373 or the school office 43051159

TUNING IN TO KIDS

Emotionally Intelligent Parenting
A six session parenting program for parents of primary school children.

Would you like to learn how to:
• Be better at talking with your child?
• Be better at understanding your child?
• Help your child learn to manage their emotions?
• Help to prevent behaviour problems in your child?
• Teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:
✓ Have greater success with making and keeping friends
✓ Have better concentration at school
✓ Are more able to calm down when upset or angry
✓ Tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

CatholicCare
Diocese of Broken Bay

FAMILY SUPPORT SERVICES

GRAND matters forum

A forum discussing current issues affecting Grandparent
Careers, providing a new forum for Life

Where
St Patrick’s Primary School
York Street, East Gosford

Commencing
Thursday, 4th August 2016
(ad continuing for 6 weeks)

Time
9.00-11.30am

Registration Essential
4325 1199

RSVP by 28/7/16
To Michelle Perry

Free

29 July 2016 9.30 - 2.30
Central Coast Leagues
Club, Parkview Room

Registrations on 4340 1585

Order your new Entertainment Membership now!

80+ Contemporary Dining Offers!

Hertz
Emirates

2,000+ Travel Offers!

Up to 60% off Rental, Travel, Leisure and Accommodation
Rewarding regular savers with spectacular prizes.

We’re bringing the exciting news that Prize Lights have appeared in the Outback sky, and the Dollarmites are giving students who demonstrate regular savings behaviour the chance to win spectacular prizes.

How to enter

Students must simply make three or more School Banking deposits during Term 3 for a chance to win one of the Star Saver prizes, including camping kits, instant cameras and magazine packs.

What’s more, students who complete the fun Stargazing online activity, along with making three or more School Banking deposits during Term 3, will also go in the separate draw to win one of the Supernova prizes – a PlayStation 4 pack. Students can complete the Stargazing activity online at any time during Term 3 by visiting commbank.com.au/prizelights.

Win a bag of sports equipment for your school

We’re also giving schools participating in the School Banking program a chance to win one of 75 bags full of sports equipment, valued at $200, when students make three School Banking deposits during Term 3.

To complete the Stargazing activity, or to find out more, visit commbank.com.au/prizelights.
Important Opal information from 1 August 2016

From 1 August, magnetic strip tickets (MSTs) will no longer be sold or accepted for travel within the Opal network. For easy access to public transport and lower fares, customers need to plan ahead and acquire the appropriate Opal card before 1 August 2016.

What other ticketing options will be available for customers from 1 August 2016?

Opal is the easiest and cheapest way to get around on public transport, but as a last resort, customers can buy an Adult or Child/Youth Opal single bus ticket on board bus services (excluding prepay services). These are single-use tickets only, valid for travel from the point of purchase.

Who is eligible to buy Child/Youth Opal Single Bus Ticket?

The eligibility criteria are the same as a Child/Youth Opal card:

- Children aged 4 – 15 years (inclusive)
- Full time NSW/ACT school students aged 16 years and older with a NSW Senior Secondary Student Concession card, issued by their school, as proof of entitlement.

NSW/ACT Senior Secondary Student Concession Card

School Student Photo ID’s will no longer be accepted as from 1st August 2016. Students 16 years and over must carry and show Senior Student Concession Card as shown. See your School Administration for details.

Holders of this concession card are entitled to half-price fares and can apply for a Child/Youth Opal card.

Eligibility

You must be a school student aged 16 or over who is:

- enrolled in a NSW or ACT secondary school or non-government secondary school, or
- registered with the Board of Studies as a full-time home-schooled or distance education (OTEN) secondary student.

International school students who meet the criteria also get the same entitlements.

What should I do if My School Opal Card is Lost or Stolen?

Report it online and order a replacement School Opal card and a fee may apply. By doing this, the old School Opal card will be cancelled and a new one will be mailed to the customer’s preferred address within 5–7 days. While waiting for a replacement card, you should use a Child/Youth Opal card to travel if eligible.
Canteen Roster for Term 3 2016

The **RED** shaded areas/writing show where we need volunteers. Please call/text Ange Stitt on **0409 362 217** if you can fill any of these dates. Thank you!

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Infants</th>
<th>Primary</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Wed 20th July</td>
<td>Jiji Biju</td>
<td>Joanne Locke</td>
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<td></td>
<td>Friday 22nd July</td>
<td>Katie Ercan</td>
<td>Michelle Cormack</td>
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<td>Noeli Lara</td>
<td>Joanne Ford</td>
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<td>Week 2</td>
<td>Wednesday 27th July</td>
<td>Jane Minehan</td>
<td>Lisa Nix</td>
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<td>Friday 29th July</td>
<td>Santhe Titherage</td>
<td>Joslyn Botelho</td>
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<td>Ange Stitt</td>
<td>Hajni Kevi</td>
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<tr>
<td>Week 3</td>
<td>Wednesday 3rd August</td>
<td>Amy Horrigan-Hopson</td>
<td>Michelle Greenwood</td>
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<td></td>
<td>Friday 5th August (CCC carnival at Mingara)</td>
<td>Joanne Locke</td>
<td>Annabel Cockerton</td>
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<td></td>
<td></td>
<td>NEED X1</td>
<td>Aimee Sands</td>
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<td>Week 4</td>
<td>Wednesday 10th August</td>
<td>Marcus Hams</td>
<td>Sadie Haldeouk</td>
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<td>Friday 12th August</td>
<td>Katie Ercan</td>
<td>Joslyn Botelho</td>
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<td>NEED X1</td>
<td>Hajni Kevi</td>
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<td>Week 5</td>
<td>Wednesday 17th August</td>
<td>Vanessa Jarman</td>
<td>Annabel Cockerton</td>
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<td>Friday 19th August</td>
<td>Judy Andrews</td>
<td>Noeli Lara</td>
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<td>Ange Stitt</td>
<td>Joanne Ford</td>
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<td>Week 6</td>
<td>Wednesday 24th August</td>
<td>Amy Horrigan-Hopson</td>
<td>Rach Brady</td>
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<td>Friday 26th August</td>
<td>Joanne Locke</td>
<td>Mark Davis</td>
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<td>Katie Ercan</td>
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<td>Week 7</td>
<td>Wednesday 31st August</td>
<td>Pauline Nesbit</td>
<td>Rhonda Vallely</td>
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<td>Friday 2nd September (nb Father's Day Mass and Breakfast)</td>
<td>Ange Stitt</td>
<td>Michelle Cormack</td>
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<td>Nicole Cleary</td>
<td>Julia Conroy</td>
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<td>Week 8</td>
<td>Wednesday 7th September</td>
<td>Lisa Haynes</td>
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<td>Friday 9th September</td>
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<td>Ange Stitt</td>
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<td>Week 9</td>
<td>Wednesday 14th September</td>
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<td>Friday 16th September</td>
<td>Sarah Jimenez</td>
<td>Joanne Ford</td>
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<td>Hajnalka Kevi</td>
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<td>Week 10</td>
<td>Wednesday 21st September</td>
<td>Jane Minehan</td>
<td>Michelle Greenwood</td>
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<td></td>
<td>Friday 23rd September</td>
<td>Ange Stitt</td>
<td>Annabel Cockerton</td>
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<td></td>
<td></td>
<td>Aimee Sands</td>
<td>Mark Davis</td>
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