Greetings,

This week I want to share with you an activity that you can do with your family that’s called *I wonder questions*. Sometimes the message within a Bible passage is clear; yet at other times it is quizzical and leaves us with more questions than answers. Perfect! It’s okay to talk about that which we do not understand. You can use *I wonder questions* after your child, children or family have read, watched or heard a Scripture passage. Don’t worry if you can’t answer these questions, no one holds all the answers and our faith is full of mysteries. *I wonder questions* are a great way to get children and adults thinking and talking about the Word of God. I’ve shared with you below some of the *I wonder questions* my family raised in relation to this week’s Pentecost story:

* I wonder…
  - What the Disciples feared when they had locked themselves in the room?
  - Why Jesus says, “Peace be with you” twice?
  - Is this reading and the “Peace be with you” we say at Mass linked?
  - Did Jesus really breathe out the Holy Spirit?
  - How you feel the Holy Spirit?
  - Is the Holy Spirit here with us now?
  - If the Disciples could continue speaking in different languages after this moment in time?
  - Where Mary was?
  - Why we can believe in something we cannot see?

**Gospel Reflection**

On Sunday we celebrate a special day called Pentecost. It was on the day of Pentecost that God sent his Holy Spirit to the Church. The Bible tells us that the Apostles were all gathered together in one place when suddenly there was a sound like a mighty, rushing wind. They saw what looked like tongues of fire that came to rest on each of them and all of them were filled with the Holy Spirit.

God’s Holy Spirit is somewhat like the wind. We can’t see him, but we know that He is there because we can see the effects of His power in our lives. The Holy Spirit is very important to us. What are some of the ways that the Holy Spirit helps us?
* He comforts us when we are sad and alone. (John 15:26)
* He guides us in the way of truth. (John 16:13)
* He helps us when we don’t know how to pray. (Romans 8:27)
* He lives inside us and gives us life. (Ezekiel 37:14)
* He shows us the good things God has for us. (1 Corinthians 2:9-11)

We are thankful for all of the ways the Holy Spirit helps us every day.

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**What’s happening**

- **Paddies Youth Group**
  
  Paddies Youth Group is running this Friday in the school hall at 7.00pm. There was a huge turn up of 35 students last fortnight. Come along and be part of the fun! This is for children from Years 5-Year 8.

- **Pentecost Sunday Mass / Year 4 Family Mass: 24th May 2015**
  
  On Sunday the 24th May 2015 we celebrate the gift of the Holy Spirit; Pentecost. This will also be our Year 4 Family Mass, however we would love to see as many children from St Patrick’s as possible come and join in this Eucharistic celebration! Our Parish will be having a Eucharist Procession through East Gosford to outwardly express our love of Christ in the Blessed Sacrament. The procession is also in honour of Our Lady Help of Christians, Patroness of Australia, whose Feast Day is Monday the 25th May. Please bring along a plate of food to share in morning tea after the Mass.

- **Our Lady Help Of Christians Mass**
  
  On Monday the 25th May 2015 please join us for Our Lady Help of Christians Mass in the Church at 9.00am. Everyone is welcome!

May Christ’s peace be with you all!

Jacqueline Fletcher
FROM OUR ASSISTANT PRINCIPAL

Stranger Danger
We have been advised of an incident that occurred on Thursday morning involving a MacKillop secondary aged student. The student is safe and well. The student was approached by two men in a car. The police are investigating the incident and a media release will follow. Please take extra precautions with your children as they travel to and from school over the next week and talk to your children about Stranger Danger. Please contact the school if you have any concerns.

Athletics Carnival
Unfortunately we had to postpone the Athletics carnival today due to a severe weather warning. It will now be held on Friday 12th June. A new permission slip and lunch order form have been sent home today with your child. Please complete the new forms with special attention paid to the volunteer section and send back to school ASAP. A big event such as this can only run well when we have lots of helpers, just like the saying “Many hands make light work”. A big thank you to all those who volunteered for today’s carnival and ended up manning the BBQ back at school for our lunches.

Parking
This week we received a letter from a neighbouring unit complex requesting us to remind you not to park across their driveways. They have notified Gosford Council and the Police to assist them in preventing this from happening. Please consider others by not parking across or in driveways. It certainly doesn’t promote the school’s good name in these types of situations.

Kindergarten Enrolments 2016
It is vital that any present families, who have a Kindergarten child starting next year, contact the office as soon as possible to get an enrolment form and return it so that we can set up an interview and screener time. If you know of someone who has a child ready for school please let them know enrolments are now being taken. Enrolment forms are due back to school by Friday, 30th May. It would be great if we could receive them prior to this so that we can begin the process.

P & F Meeting
Are you like me and drag your feet when it comes to social media? Or perhaps you’re a frequent user but unaware of what impact it has on our children. At our next P & F meeting, Thursday 28th May, we are presenting an information session on social media and your children. It is certainly an area we all need to be more aware of. Please book in the date for this presentation.

Coming Up

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sun 24th May</td>
<td>Year 4 Parish Family Mass</td>
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<tr>
<td>25th May</td>
<td>Whole School Mass 9am – Our Lady Help of Christians</td>
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<td>28th May</td>
<td>P &amp; F meeting – 7pm in the LARC (primary side)</td>
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<tr>
<td>12th June</td>
<td>School Athletics Carnival</td>
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<td>15th June</td>
<td>Year 5 excursion</td>
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<td>16th June</td>
<td>CCC Soccer Gala Day</td>
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<td>17th June</td>
<td>Year 1 excursion</td>
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<tr>
<td>16th June</td>
<td>Staff Development Day – No children at school</td>
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<td>24th June</td>
<td>Reconciliation 7pm</td>
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Michelle Perry
Assistant Principal
Canberra Report from Jerrica Tony

Last week Year 6 ventured to Canberra for their annual excursion. On our first day we went to the National Capital Exhibition and learned about the geographical layout of Canberra. We then went to Mount Ainslie Lookout, where we were unable to get out of the buses because it was sleeting snow. We also visited New Parliament House where we had a guided tour and were lucky enough to meet Lucy Wicks, our Member of Parliament for Robertson who spoke about her role in politics and the needs of the members in the seat of Robertson. Wednesday night was a frosty night and temperatures dropped to -4°.

On Thursday we attended the War Memorial where we saw the Anzac Legacy and the Role of Honour. We also paid our respects to the all the Lost Soldiers at the Tomb of the Lost Australian Soldier. We then made our way to the National Gallery of Australia; enjoying a range of different artworks and sculptures. The National Museum of Australia was interesting. It was amazing to look at a range of different artefacts from Australia’s past including Pharlap’s heart! We all enjoyed Old Parliament House which is now the Museum of Australian Democracy. We took part in role play and an interactive program that allowed us to learn about Democratic Australia. In the night we all ventured to Questacon where we had a lot of fun with the free-fall and other scientific activities.

Friday was equally as busy where we learned about how to vote at the National Electoral Education Centre. From there we enjoyed the International Flag Display, returned to Parliament House to learn more about the Senate and House of Representatives before our last stop at CSIRO.

Overall we had a great trip! Not too many people vomited with bus sickness or were home sick. The food was pretty good, but I’m sure we were all excited for home cooking! We enjoyed the responsibility and freedom of having our own rooms. Canberra was a lot of a fun and we walk away with life long memories of this excursion and our primary school friends.

Jerrica Tony

CANBERRA EXCURSION

Students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia’s history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of $20 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

From the P&F...

If you would like to add anything to the Agenda for the upcoming P & F Meeting on Thursday 28th May, please email Michelle Cormack at michellecormack@bigpond.com by Monday.
Year 3 British Colonisation Show

On Monday 18th March there was an incursion for Year 3 in the hall. All the children dressed up, some were early settlers, others were captains, soldiers and convicts.

I absolutely loved the play, it was fun and we were learning at the same time. The play was two hours long but it seemed like one hour because time flies when you are having fun. I liked the actress and actor’s accents because they seemed so real and it was funny. We all had a giggle.

When we came into the hall the Sergeant called up a naughty boy and he got flogged and the flogger got flogged and the second flogger got flogged and it kept going. Sergeant kept yelling at Anne, the convict, it was very entertaining. If the Sergeant left for a few minutes Anne would talk about how mean he was and he would sneak up behind her and yell again. We all got to participate in the play as well and we learnt many things.

I recommend this show to anyone who is learning about Colonisation.

By Asha and Brian.

PLEASE KEEP OUR CHILDREN SAFE:

- OBEY THE ROAD RULES
- PARK IN CORRECT AREAS
- NO U TURNS OUTSIDE OUR SCHOOL
- DO NOT DROP OFF IN THE DRIVEWAY
- PLEASE SLOW DOWN
- PLEASE STOP FOR PEDESTRIANS AND BE AWARE OF CHILDREN CROSSING

Police and Parking Rangers are often at our school
Diocesan Cross Country

Congratulations to the 20 children who represented St Patrick’s at the Diocesan Cross Country held at Fagans Park, Galston on Tuesday. The weather held out for a fun filled day. The children not only tried their hardest on a physically demanding course, but showed great sportsmanship and supported each other! An extra special congratulations to Sophie Holliday who came first in the under 12 girls race – she will represent Broken Bay at the Polding Cross Country to be held at Eastern Creek next month.

SCHOOL BANKING

PLEASE SEND YOUR BANK BOOK IN ON WEDNESDAY

School banking award winners for this week:

Maggie Pimm & Xavier De Silva

Thank you for supporting the School Banking program at St Patricks!

School Reunion—Class of 1990

St Josephs East Gosford 25 years school reunion

Saturday 17th October 2015

6.30pm dinner and drinks at Elanora Hotel, East Gosford

For further information please contact

Kirsty Walker Ph 0417 406 822

RECORIDER CLUB

Reminder

Remember your recorder and recorder folder

EVERY WEDNESDAY

Practicing at home will help you learn and get you ready for your next RECORDER BELT!
Everyone wants to win. We want it for ourselves. We want it even more for our kids.

It’s great to see the smile of satisfaction on a child’s face after winning a game, a race or finishing on top of the pile in any endeavour.

Winning feels good. It means they’re doing well. It’s equated with success.

It’s a good habit to develop ... or so the theory goes.

But winning is just one part of the story.

Not finishing first carries emotion too, though it’s not necessarily positive.

It’s good for kids to experience disappointment, annoyance and frustration just as it’s good for them to experience positive emotions.

It’s good to learn when you are young that bad feelings happen, but they don’t last. This is a valuable life lesson.

Not winning also teaches kids that there is a link between success and effort. It teaches them that perseverance pays off eventually.

Helping kids to accept setbacks and unpleasant emotions, rather than blocking them out, is the key to building their resilience.

What about the child who never wins?

Some children seem to never win, or hardly ever do.

A friend has a child who always seems to have 4th place sewn up in any race – just missing a ribbon – unless he is trying to get into a four person relay team, in which case he finishes 5th.

As a caring parent my friend works hard keeping her son’s chin up year after year. And that’s what she has to do. I suspect her son will learn the value of struggle. But it will pay off in his adult life when he understands that persistence is a fabulous asset.
We are looking for Volunteers for the 2015 School Year.
We need Volunteers to ensure canteen will remain open during the year.

If you can help out we would love to hear from you. If you have a date in mind, let us know and we will slot you in.

Contact Adrienne on 0414 509547 or mrspraz@gmail.com if you would like to volunteer.
Mrs P is contactable anytime, so check your 2015 calendar and if you have a date in mind, even if its months away, let her know your availability.

<table>
<thead>
<tr>
<th>TERM 2, 2015</th>
<th>DATE</th>
<th>INFANTS</th>
<th>PRIMARY</th>
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</thead>
<tbody>
<tr>
<td>WEDNESDAY 27th May (Recess only 9.30am -11.30am)</td>
<td></td>
<td>Jay Clarke</td>
<td>HELP NEEDED 0414509547</td>
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<td>FRIDAY 29th May (ALL Day – 8.15am – 2.00pm)</td>
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<td>Adrienne Prazauskas HELP NEEDED 0414509547</td>
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<td>WEDNESDAY 3rd June (Recess only 9.30am -11.30am)</td>
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<td>Marcus Hams</td>
<td>HELP NEEDED 0414509547</td>
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<td>FRIDAY 5th June (ALL Day – 8.15am – 2.00pm)</td>
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<td></td>
<td>Angela Stitt Nicole Cleary Kass Mansell Jane Farrugia</td>
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<tr>
<td>WEDNESDAY 10th June (Recess only 9.30am -11.30am)</td>
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<td>David Owen</td>
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<tr>
<td>FRIDAY 12th June (ALL Day – 8.15am – 2.00pm)</td>
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<td>HELP NEEDED 0414509547 HELP NEEDED 0414509547</td>
<td>Adrienne Prazauskas HELP NEEDED 0414509547</td>
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If you have dates in mind for this Term (2), please contact Adrienne on mrspraz@gmail.com or 0414 509547
Interested in learning the guitar or keyboard at St Patricks through private/group tuition?

We have a number of music tutors that visit St Patricks to hold one-on-one and group lessons for students.

Guitar and Keyboard/Piano lessons through the Central Coast Conservatorium of Music: make an enquiry online at: http://www.centralcoastconservatorium.com.au/contactus

For more information on guitar lessons call Mr Steve Smiley on: 0410 039 556

Guitar through private tutor Greg Taylor: call Greg on 0405 359 840 or at bbks@bigpond.com
Do you have children 7 to 13 years old and are you worried about their weight?

Go4Fun is a healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above a healthy weight. The program consists of games, activities, tips on healthy food, label reading and portion sizes plus much more!

FREE fun once a week program for kids to become fitter, healthier and happier.

TERM 3
13/07/2015–18/09/2015
Go4Fun programs will be held at:

- **Gosford Olympic Pool**
  - Saturdays
  - 1.30pm–3.30pm
  - Start Date: 18/07/15
  - End Date: 19/09/15

- **Peninsula Leisure Centre**
  - Tuesdays
  - 4pm–6pm
  - Start Date: 14/07/15
  - End Date: 15/09/15

- **Mingara Recreation Club**
  - Saturdays
  - 1.30pm–3.30pm
  - Start Date: 18/07/15
  - End Date: 19/09/15

- **Toukley Aquatic Centre**
  - Thursdays
  - 4pm–6pm
  - Start Date: 16/07/15
  - End Date: 17/09/15