Reflection:

It would be easy to consider this Gospel as Jesus just talking to his friends about personal moral behaviour, but it is more than that. It is about how necessary it is to live together and work together as a community. We are called to be active and to respond in love and respect for the other.

Another aspect of the reading is about engaging in the work of reconciliation. This means taking the time to listen to one another. This means making the effort to understand others. This means forgiving others and ourselves. This means working at the difficult challenge of community.

Pope Francis’ Twitter comment of Feb. 6, 2014 comes to mind:

“The world makes us look towards ourselves, our possessions, our desires. The Gospel invites us to be open to others, to share with the poor.”

I would also like to take this opportunity to thank all of the parents, grandparents and friends who attended our Opening School Mass last Friday. It was a lovely way to celebrate the beginning of our school year. I would also like to invite you to attend our first Family Mass of the year on Sunday 23rd February at 9:00am. Students from Year Two will be assisting with a number of the ministries during the Mass.

From our Principal, Nicole Cumming

Parent Information Night
Next Thursday, the 20th February, a Parent Information Night will be held at 6.30pm in the hall. This is a good opportunity to meet your child’s teacher and find out about the learning and procedures for the year. This night will begin in the hall for 20 – 30min followed by grade meetings of 30min; all meetings will be held on the PRIMARY campus. Please come along.

Garden of Tranquillity
The Year 12 construction class from St Edward’s college were at school today, working on the foundations of transforming an unused area on the primary playground into a usable garden area.
Dinner Dance
Tickets, $35, are now available at the office for our annual Dinner Dance to be held on Saturday 15th March. This night is always lots of fun. Tickets are limited so get in quickly.

**Prizes needed** If you have a business, or know someone who does, and could offer a service or products as prizes in the tombola at our Dinner Dance it would be greatly appreciated. Please contact the school on 4325 1159 or spog@dbb.edu.au if you can assist.

A driver is needed for the Parish Bus that evening to take people home from the Dinner Dance. If you have a bus licence and are willing to help please contact the office.

P & F Meeting
Our first P & F Meeting for this term will be held on Thursday, 27th February at 7.30pm in the LARC on the primary campus. Please come along!

Class Pastoral Parent
Once again we are calling for a parent in each class to undertake the position of Class Pastoral Parent. This position involves being the point of contact for the teacher and the parents of the class, and ‘rallying the troops’ for social events, eg. Dinner Dance etc…. Please contact your child’s teacher or the school office if you feel you can take on this important position. We only have 3 classes filled so far…

Permission Notes
Notes for swimming carnival, asthma, bridge crossing and internet usage have all been sent home. Please ensure these are filled out and returned immediately.

Coming Up
18th School Swimming Carnival & Infants’ Water Fun Day
20th 6.30pm Beginning Year Information Evening in hall
21st 2pm Assembly
23rd 9am Family Mass
24th CC Swimming Carnival
27th NRL clinic
4th Mar Pancake Tuesday
5th 11.30am Ash Wednesday Mass
7th School Cross Country Carnival
12noon Assembly
15th Dinner Dance
17th St Patrick’s Day Celebrations: mass, sausage sizzle lunch and activities at the park.

Let us remain open to the work of the Holy Spirit in our lives and show one another the face of God through our words and actions.

Nic
Nicole Cumming

GREETINGS FROM FR TADEUSZ
Fr Dariusz and I would like to thank the Opening School Mass organisers and musicians for such a wonderful celebration, heralding a year of hope for a creative and fruitful 2014.
I would ask parents of children in Years 2 & 3 to check their child’s bag for a copy of the 2014 Sacramental Programme for ready reference during the year.
If parents are aware that their older children haven’t received all of their sacraments, please check the office for a copy, or our website: www.dbb.org.au/parishes/gosford
This Sunday is Catechist Sunday in our parish when those who devote an hour a week to taking the Word to Catholic children in State schools will be commissioned and blessed as they embark on a new year.
We are always in desperate need of more ‘workers in the field’ and I ask you to please consider this yourselves. Please see our advertisement for a contact.

PINT SIZED PADDIES
for kids in Years 5 to 8
held in the Hall, 7pm
only $2 a session!

CATHOLICS RETURNING HOME PROGRAMME
Feeling estranged from your Church? Why not Come to our Information Evening on Monday March 3, 7.30-9pm at the Jordan Room.
For more information, please contact the Parish Office on 4325 1042, or Neil on 4325 0416.
Suzie Morris, Infants Music Teacher

Kindergarten students were great at keeping the beat in Music this week. First we used our bodies (clapping, patting, stomping etc) then we used instruments to keep the beat. Our instruments made all sorts of different sounds but we managed to keep a pretty steady beat - just like our heart beat! Keep up the great work Kindy!

St Edward's Christian Brothers' College Year 7, 2015

Enrolments for Year 7, 2015 open on Tuesday 25 February, 2014. The closing date for applications is Friday 9 May, 2014. Please contact the Enrolment Secretary, Mrs Simone Bartlett on 4321 6420 for a Prospectus. Families are invited to the College Open Day on Saturday 15 March, 2014 from 10:00am to 2:00pm. Entry is via the main gate at 13 Frederick Street, East Gosford and here you will be met by current students of the College who will provide families with a 20 - 30 minute tour. At the end of the tour there will be a time to enjoy a sausage sizzle and also tea and coffee. Enrolment packages will be available for families from non-feeder Catholic schools.

Car Boot Sale

St Edward's College will be holding their first 'Car Boot Charity Sale' on Saturday 1 March, 2014 from 8:00am to 1:00pm in Russell Drysdale Street. Car Boot spaces are available for $40 per car - please email to reserve a space. All proceeds will be donated to Coast Shelter and The Haven Education Centre. For more information phone 4321 6400 and/or email: info@stedwards.nsw.edu.au

Simone Bartlett
Enrolment Secretary
St Edward's College | Where Young Men Achieve
P: 02 4321 6420 | F: 02 4324 7955
E: sbartlett@stedwards.nsw.edu.au
W: www.stedwards.nsw.edu.au
From the LARC (Learning and Resource Centre) and Infant’s Library

Welcome to another great year of Reading and Learning. I am looking forward to many wonderful events happening in the Infants Library and Primary LARC this year.
Lessons and borrowing each week as well as special events such as the Premier’s Reading Challenge, Book Fair and Book Week are all planned to encourage reading and foster a love of literature.
Please remember a library bag is required on your child’s library day so that they can borrow wonderful books from the library or LARC.

Library Overview
Term 1 2014

Library lessons in term 1 are linked with the Key Learning Areas in the different grades. I will be working closely with teachers in the various grades to teach the integrated units they are focusing on in the classroom.
In Kindergarten the School Environment will be explored with lots of enjoyable stories about school to help foster and develop a love of reading.
Year 1 will enjoy some wonderful stories about community helpers with a focus on school community helpers to further develop a love of language and reading.
Year 2 will find out about Water in the world. In the library we will find out how aboriginals used water in the past as well as enjoying stories about water.
Year 3 are finding out about Australia. We will explore significant Australian Sites through research and present findings on location, significance and description using Microsoft Powerpoint.
Year 4 will investigate and research Cycles in our World. In the LARC they will use technology to research and present an animal’s lifecycle.
Year 5 will develop their understanding of rainforests throughout the world. In the LARC they will listen to narratives about Rainforests. They will observe and discuss the structure for writing a narrative then plan and write their own narrative to share with children from another class.
Year 6 will investigate the differences between the Arctic and Antarctica followed by investigating and researching Antarctic food chains, explorers journeys to the Antarctic and human impact on the environment.

Library Timetable:

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>5MJ</td>
<td>6DM</td>
<td>KT</td>
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<tr>
<td>5TB</td>
<td>6FB</td>
<td>KM</td>
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<tr>
<td>3JB</td>
<td>4LH</td>
<td>2JS</td>
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<td>3RJ</td>
<td>4CJ</td>
<td>2KO</td>
</tr>
</tbody>
</table>

Looking forward to sharing the world of literature with your children.
Carmen Hartz
Teacher Librarian

HELP Needed

Have you always wanted to help at school but have been too busy on school days?
Well here is your opportunity to help at home. Throughout the year we purchase many new books for the library, LARC, classrooms and literacy groups. After they have been entered on the computer they all need covering. If you are confident at covering books using contact and would like to help please complete the form below and return it to school. Contact will be supplied, cut and ready to cover these amazing new books. Books and contact will be sent home in bags and can be returned when you have covered the books at your leisure.
Thank you in anticipation.
Carmen Hartz
Teacher Librarian

Covering Books

Yes! I would love to cover some new books for St Patrick’s Catholic Primary School in 2014.
Signed:________________________________________
Child’s Name:____________________________________
Child’s Class:____________________________________

Or email me on: carmen.hartz@dbb.edu.au
COMMUNITY NEWS

YOGA IN THE PARK

"Yoga in the Park" Your body will thank you for it!
Every Thursday Morning 9am at The Lions Park, Masons Pde, Point Frederick. $10 for all St Patrick's Mums and Dads.
For more info call Amy 0433307791.

SPORT REPORT, Fiona Bolton, Sport Co-ordinator

Primary students—please be on time as we will walk down to the pool straight after the bell (8.40am)

Infants students—please refer to the note sent home yesterday.

JOIN THE COLTS IN 2014!
Kincumber Junior Rugby League Football Club will be fielding teams from U/6 to U/17’s in the 2014 season. If you would like to play Rugby League, come and join the best club on the Coast.
It’s not too late to register. Contact Sharon Lang 0409 631 718 or Jo Shaw on 0427 631 379 for more information or check out our website

Green Point Community Centre and Northern Settlement Services are holding a photo exhibition that promotes cultural diversity, valuing cultures and countries from around the world.
We are inviting all Primary and High School pupils to enter the competition. If they have a photo that illustrates valuing their own culture or country, or another country, or cultural diversity, we would love to see it.
The photos will be judged in age groups, and there is one for both Primary and Secondary School Pupils.
Entry forms may be obtained from Green Point Community Centre (PH: 43677591 or email info@greenpointcommunitycentre.com.au). Entries close 28 February 2014.

"Yoga in the Park" Your body will thank you for it!
Every Thursday Morning 9am at The Lions Park, Masons Pde, Point Frederick. $10 for all St Patrick's Mums and Dads.
For more info call Amy 0433307791.

2014 MARKET CALENDAR
(Please place on your fridge for handy reference)

DAVISTOWN RSL
19 Murna Rd, Davistown
Large indoor market with licensed facilities & free kid’s playground
February 16 March 16 June 15 July 20
August 17 September 21 November 16
(All Sundays 9am-2pm)

IMPACT CENTRE
19 Chetwynd Rd, Erina (off Terrigal Dr)
Large indoor market with cafe and kids’ play centre
February 22 March 22 April 26 May 24 June 28
July 26 August 23 September 27 October 25
(All Saturdays 9am-2pm)

POINT CLARE
209 Brisbane Water Dr, Point Clare
Saturday May 3, 9am-3pm – Annual Fete/Markets
Saturday October 18, 9am-2pm – Spring Markets
For more info please phone Sue at Fairhaven 43233566 or 0407757866
sue.chidgey@fairhavenservices.org.au www.facebook.com/FairhavenServices

"Happy families work together"
with this week's newsletter.

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**ST PATRICKS CATHOLIC SCHOOL MUSIC OVERVIEW - YEARS K-6 - TERM 1 2014**

<table>
<thead>
<tr>
<th>WEEK #</th>
<th>KINDERGARTEN</th>
<th>YEAR 1</th>
<th>YEAR 2</th>
<th>YEAR 3*</th>
<th>YEAR 4*</th>
<th>YEAR 5*</th>
<th>YEAR 6*</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>[no classes (MAI Assessments)]</td>
<td>[no classes (MAI Assessments)]</td>
<td>[no classes (MAI Assessments)]</td>
<td>[no classes (MAI Assessments)]</td>
<td>[no classes (MAI Assessments)]</td>
<td>[no classes (MAI Assessments)]</td>
<td>[no classes (MAI Assessments)]</td>
</tr>
<tr>
<td>2</td>
<td>Welcome to Music</td>
<td>Welcome to Music and the Beat</td>
<td>Welcome to Music and Names</td>
<td>Show me what you know!</td>
<td>Intro to the music classes, revision of key concepts and music room rules.</td>
<td>Intro to the music classes, revision of key concepts and music room rules.</td>
<td>Intro to the music classes, revision of key concepts and music room rules.</td>
</tr>
<tr>
<td>3</td>
<td>Introducing Beat</td>
<td>Introducing 'ti-ti taa' rhythm pattern</td>
<td>Introducing ti-ti taa rhythm pattern</td>
<td>1-2-3-4 [4/4 time] Feel four beats through chant/body percussion/movement and graphically divide into bars.</td>
<td>Funk Intro to ‘Feel’s and Funk. Learn Syncopated rhythm pattern: [ti taa taa taa</td>
<td>ti taa-a (zaa) (zaa)]</td>
<td>Reggae Rhythms Intro to reggae feel and word rhythms incl</td>
</tr>
<tr>
<td>4</td>
<td>Keeping the Beat</td>
<td>Exploring rhythm</td>
<td>Rhythm Patterns and Compositions</td>
<td>Making 4/4 Rhymes! Create own 4x4 rhythm to perform to class</td>
<td>Getting Funky! Recognise and play syncopated rhythm patterns and compose lyrics for funk song</td>
<td>Reggae Word Rhythms Performing and creating word rhythms</td>
<td>Beatboxing and Lyrics Explore lyric structure and compose own lyrics</td>
</tr>
<tr>
<td>5</td>
<td>Introducing Pitch - High and Low</td>
<td>Demonstrating Long and Short Sounds</td>
<td>So-Mi our 4/4 Rhythm Patterns</td>
<td>Performing 4/4 Rhymes! Perform own 4x4 rhythm to class</td>
<td>Calypso Experience calypso feel and play syncopated rhythm pattern</td>
<td>Keyboard Basics Reviewing basics, obtaining keyboard licence</td>
<td>Keyboard Licence Sts explore the keyboard functions, correct use and demo for licence</td>
</tr>
<tr>
<td>6</td>
<td>Identifying High and Low</td>
<td>Introducing 'Too-oo'</td>
<td>Introducing ‘Too-oo’ Rhythm Patterns</td>
<td>So-Mi our 4/4 Rhythm Patterns</td>
<td>Syncopation Perform using syncopated and non-syncopated rhythm patterns</td>
<td>Reggae on the Keyboard Converting reggae pieces onto the keyboard</td>
<td>Loops and Turnarounds Experience loops and turnarounds and create own loop</td>
</tr>
<tr>
<td>7</td>
<td>Introducing Dynamics</td>
<td>High and low</td>
<td>‘Oonka Chucka’ – Long and Short Rhythms</td>
<td>Exploring the Keyboard into keyboard basics and obtaining keyboard licence</td>
<td>Hoedown Experience Hoedown feel through moving and playing</td>
<td>Pacific Moves Explore ‘call &amp; response’ Pacific Island style</td>
<td>2-Chord Turnaround Composing a 2-chord turnaround</td>
</tr>
<tr>
<td>8</td>
<td>Assessing Beat and more Dynamics</td>
<td>Getting higher and/or lower</td>
<td>Exploring Rhythm Patterns</td>
<td>Playing our So-Mi pattern on keyboards</td>
<td>Hoedown dancing! Learning to dance with a modern hoedown feel</td>
<td>Pacific Harmonies Creating harmonic patterns using tuned percussion</td>
<td>Word Loops Composing word loops and performing group rounds</td>
</tr>
<tr>
<td>9</td>
<td>Introducing Tempo</td>
<td>Pitch patterns</td>
<td>Identifying Rhythm Patterns</td>
<td>The dotted minim</td>
<td>Boogie Woogie Experience boogie woogie feel through singing and body percussion</td>
<td>Tying it all Together Create and perform melodic rhythm pattern including harmony</td>
<td>Let’s Wrap It Up! Pulling to concepts learnt togther for a rap performance</td>
</tr>
<tr>
<td>10</td>
<td>Experience Tempo</td>
<td>Creating patterns to match pitch</td>
<td>Ostinatos</td>
<td>3/4 or 4/4 Demonstrate understanding of 4/4 and 3/4 time through listening, moving and creating</td>
<td>All our feels Revise feels and demonstrate understanding</td>
<td>[A:MUS3.2 + MUS3.3]</td>
<td>[A:MUS3.1 + MUS3.2]</td>
</tr>
</tbody>
</table>

* Years 3 to 6 will also participate in the ‘Composer of the Month’ program which involves exposure to, and analysis of, musical pieces from some of history’s great composers including Perotin (1200), Beethoven, Handel etc.*
Hi all,

We hope the children enjoyed some of the new menu items we have introduced this term. If you have any positive or constructive feedback, we’d love to hear from you.

A message from the people who work in the canteen, please ensure lunch order money is secure in the lunch bags. Fold the bag a few times or tape it to the bag. We had a few lunch orders last week that had missing money and more than likely it had fallen out along the way.

Also, our canteens don’t have a large float first thing Friday mornings. If possible, please try and use the correct change or small notes if placing the order in person.

Thanks again to all our volunteers (old & new!) for giving their time to work in the canteen. Your children really do like seeing you behind the counter. If you could consider helping out just once a term, it would share the load. If you can help out or would like some more information please contact Michelle Cormack 0408 412 408 or email michellecormack@bigpond.com or call into the office and fill in a canteen volunteers form.
“Dad, will you tell Tina not to come into my room?” Twelve-year-old Luke was complaining about his six-year-old sister. Luke’s Dad, Robert, had only just got home and was still hanging up his coat. “Dad! She’s bugging me!” called Luke as he led Tina by the hand into the lounge room. “A ‘hello’ would be nice,” said Robert. “Yeah, hi. I’m trying to do my science project. I need my space,” Luke replied. “Tina, how about you stay out here with me?” Robert suggested. Tina was not very keen on this idea. “But I want to play and you’ll be too busy,” she whined. “Here we go again”, thought Robert. “If only we all got on better.”

Managing family relationships so that everyone’s most important needs get met can be hard work. All families have times when tempers get frayed, feelings get hurt and misunderstandings occur. Maintaining positive connections when these things happen requires good communication and creative management.

Effective communication means that everyone has a say and is listened to. This can be a challenge in busy families. Pressure to get things done can mean there seems to be little ‘quality time’ for talking and listening to each other. Whether or not time is a problem, negative styles of communication often undermine relationships. This occurs, for example, when family members speak to each other disrespectfully or use put-downs.

Building positive family relationships does not mean having no conflict. Dealing with conflicts positively, as well as making time to relax and do fun things together, help to strengthen family relationships.

Set the tone for positive communication

Research on communication in families shows the importance of parents and carers communicating warmth and caring and also setting clear expectations for children’s behaviour. Making time for family members, communicating effectively and supporting each other are important ways of strengthening families and building positive relationships.

Parents and carers can set a positive tone for communication through their own example. The way you listen, and the attention and importance you give to what family members say, is as important as what you say to them and how you say it. This may not always be easy, especially when you are tired or busy and have to deal with complaining or conflict. However, listening and acknowledging others’ feelings and wants helps to reduce conflict and improves communication.
Working together as a family

Discussing things as a family is often very helpful for dealing with concerns and negotiating solutions to conflicts before they get bigger.

- Talking together provides an opportunity to clarify roles and expectations.
- Be sure to talk about what is working well in family relationships and not just the difficulties.
- Build trust in family discussions by respecting and listening to everyone’s views without judging or putting them down.
- Encourage children as well as adults to hear and understand each other’s views and needs.

Discussing things as a family can encourage children as well as adults to solve problems creatively. For example, once he understands that Tina just wants him to play with her, 12-year-old Luke might negotiate to spend a half-hour playing with her after dinner in exchange for her giving him uninterrupted time to get on with his homework. Having a chance to express needs in positive ways encourages healthy communication, support and cooperation.

Things to discuss

- Set up chores roster
- Tina wants to play more
- Luke wants space when he has to do schoolwork
- Dad (Robert) wants more hellos and hugs

Listening and talking

It is easier for others to listen and accept your point of view when the way you say it communicates respect and care. For example, Robert could say to Luke, “I know you had to get your science project done but I still want you to say ‘hello’ when I come home.” This shows that Robert understands Luke’s position, and wants Luke to understand his.

Small things, like saying, “How was your day?” and really listening to the answer, make a difference to the quality of communication in families. Saying sorry when you make a mistake or hurt someone’s feelings is also really important.

Ways to build caring family relationships

- Show affection (eg hugs and kisses)
- Offer help and support
- Do fun things and laugh together
- Make time to talk
- Really listen to each other

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au